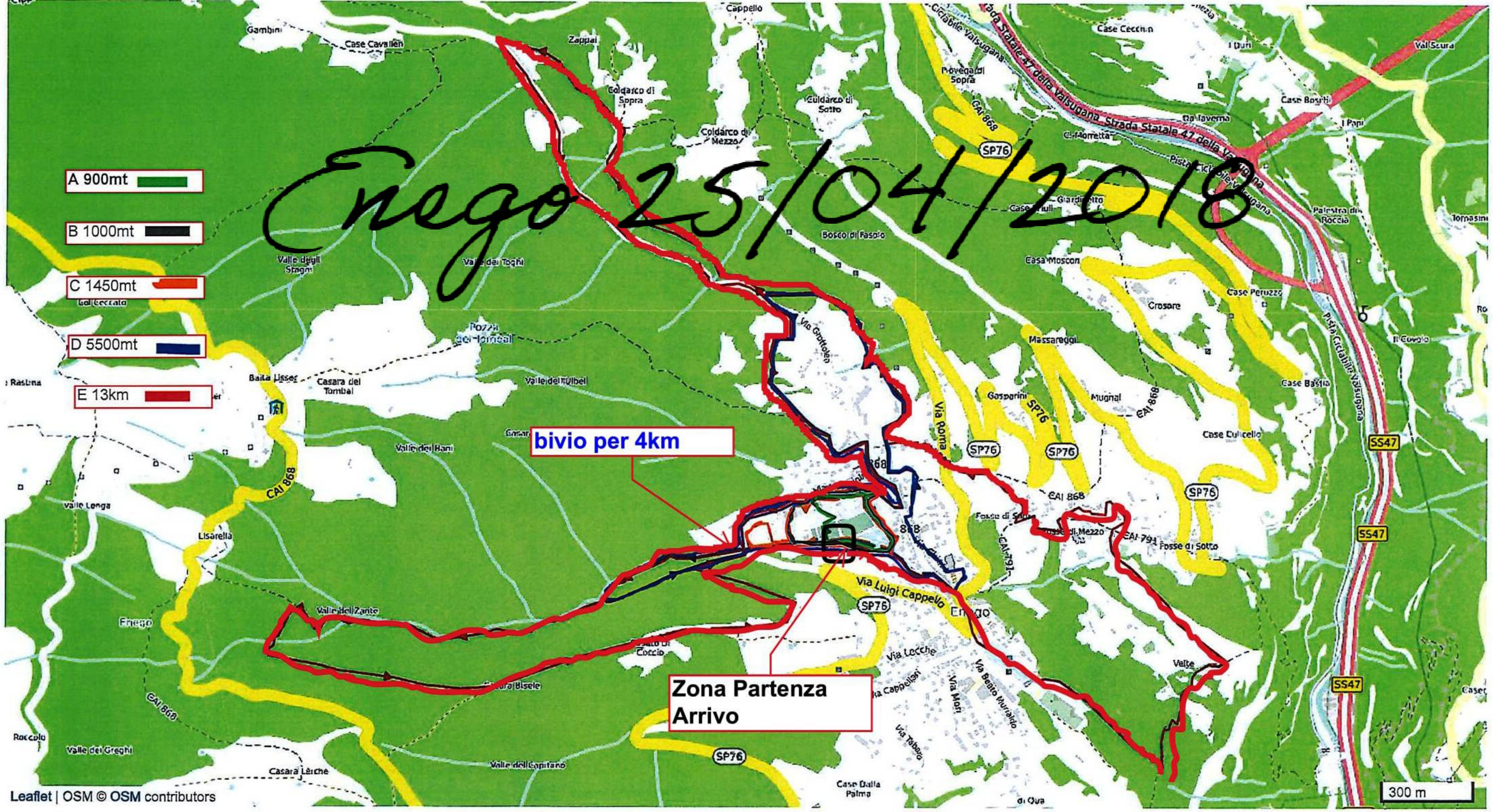

Ragazzi F/M	1.000mt = giro B
Cadette	1.900mt =giro (B+A)
Cadetti + Allieve	3.350mt =giro (C+B+A)
Allievi + Junior F	5.000mt =giro (B+D_bivio)

Junior M +Senior F+ Senior Master F	7.000mt=giro(C+D)
Senior Master M over 60	7.000mt=giro(C+D)
Senior M + Senior M 35/55	13.000mt=giro E