

ELENCO ARRIVATI

10 Km - Campionato Regionale 10km

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
1	1	1	1366	RATTO Marco	SM	ASD CAGLIARI ATLETICA LEGGERA	0:31:12		ITA
2	2	2	1335	ORTU Federico	SM	C.U.S. CAGLIARI	0:31:17	0:00:04	ITA
3	3	1	1277	MATTU Marco	SM45	CAGLIARI MARATHON CLUB	0:33:30	0:02:17	ITA
4	4	3	1242	SESSINI Nicola	SM	VILLACIDRO TRIATHLON	0:34:47	0:03:34	ITA
5	5	2	1066	PINNA Francesco	SM45	ASD US ATL GUSPINI	0:35:08	0:03:55	ITA
6	6	4	1365	ZORCOLO Nicola	SM	ASD CAGLIARI ATLETICA LEGGERA	0:35:14	0:04:01	ITA
7	7	5	1306	ARU Pierfrancesco	SM	ASD CAGLIARI ATLETICA LEGGERA	0:35:23	0:04:10	ITA
8	8	1	1333	SCHIAVINO Andrea Rosario	SM35	TRIATHLON TEAM SASSARI	0:35:28	0:04:15	ITA
9	9	1	1275	PODDA Giacomo	SM40	CAGLIARI MARATHON CLUB	0:35:34	0:04:21	ITA
10	10	1	1158	CONTEH Seedy	JM	ASD PODISMO SARROCH	0:35:39	0:04:27	GAM
11	11	3	1280	SCANO Maurizio	SM45	CAGLIARI MARATHON CLUB	0:35:42	0:04:30	ITA
12	12	4	1352	IULIANO Cristiano	SM45	RUNCARD	0:36:20	0:05:07	ITA
13	13	2	1271	NUVOLI Antonio	JM	CAGLIARI MARATHON CLUB	0:36:22	0:05:09	ITA
14	14	1	1289	ATZENI Alviero	SM55	CAGLIARI MARATHON CLUB	0:36:26	0:05:13	ITA
15	15	5	1090	MACCIOCUCARLO Francesco	SM45	ALGUERUNNERS ASSOCIAZIONE SPO	0:36:28	0:05:15	ITA
16	16	2	1167	GARAU Marco	SM40	ATL POD SAN GAVINO	0:36:29	0:05:16	ITA
17	17	3	1114	COCCO Andrea	SM40	ATL EDOARDO SANNA ELMAS	0:36:41	0:05:28	ITA
18	18	2	1065	ZIELINSKI Jakub Adam	SM35	POLISPORTIVA RUNNERS ORISTANO	0:36:48	0:05:35	POL
19	1	1	1336	PINNA Claudia	SF45	C.U.S. CAGLIARI	0:36:56	0:05:44	ITA
20	19	3	1364	ARGIOLAS Riccardo	SM35	AS TESPENSE QUARTU	0:37:01	0:05:48	ITA
21	2	1	1332	CAPONE Alice	SF35	TRIATHLON TEAM SASSARI	0:37:06	0:05:53	ITA
22	20	1	1186	DESSI' Andrea	SM50	ATL EDOARDO SANNA ELMAS	0:37:06	0:05:54	ITA
23	21	4	1137	LORIGA Giuseppe	SM40	ATLETICAMENTE A.S.D.	0:37:16	0:06:04	ITA
24	22	4	1130	LEO Andrea	SM35	POLISPORTIVA RUNNERS ORISTANO	0:37:23	0:06:10	ITA
25	23	6	1340	FLORIS Nicola	SM	C.U.S. CAGLIARI	0:37:35	0:06:22	ITA
26	24	5	1273	CONCU Matteo	SM35	CAGLIARI MARATHON CLUB	0:37:48	0:06:35	ITA
27	25	7	1012	RATTO Francesco	SM	RUNCARD	0:37:59	0:06:46	ITA
28	26	5	1360	MARONGIU Fabio	SM40	GRUPPO POL DIL ASSEMINI	0:38:07	0:06:54	ITA
29	27	6	1354	SCANZIANI Marco	SM35	POLISPORTIVA MOVING SSD ARL	0:38:11	0:06:59	ITA
30	28	1	1210	FIORI Stefano	SM60	POLISPORTIVA RUNNERS ORISTANO	0:38:14	0:07:01	ITA
31	29	6	1343	TRADORI Nicola	SM45	POL UTA 2000	0:38:14	0:07:01	ITA
32	30	7	1168	MAMUSA Michele	SM35	ATL POD SAN GAVINO	0:38:17	0:07:04	ITA
33	3	2	1342	GARDELLI Eleonora	SF35	POLISPORTIVA MOVING SSD ARL	0:38:21	0:07:08	ITA
34	31	7	1362	FADDA Mario	SM45	ASD SULCIS ATLETICA CARBONIA	0:38:25	0:07:13	ITA
35	32	8	1209	FELTRIN Carlo	SM45	DINAMICA SARDEGNA	0:38:35	0:07:23	ITA
36	33	2	1239	PORTA Andrea	SM55	VILLACIDRO TRIATHLON	0:38:36	0:07:23	ITA
37	4	1	1082	PATTA Paola	SF50	PODISTICA SOLIDARIETA'	0:38:40	0:07:27	ITA

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
38	34	2	1178	LOCCI Massimiliano	SM50	ATL EDOARDO SANNA ELMAS	0:38:48	0:07:35	ITA
39	35	6	1320	MATRICARDI Francesco	SM40	VENUS TRIATHLON ACADEMY SSDA	0:38:50	0:07:37	ITA
40	36	3	1287	ANEDDA Giovanni	SM50	CAGLIARI MARATHON CLUB	0:39:04	0:07:51	ITA
41	37	7	1093	BRAMBILLA Davide	SM40	I BOCIA VERANO BRIANZA	0:39:26	0:08:13	ITA
42	38	9	1330	MURRU Ettore	SM45	CAGLIARI MARATHON CLUB	0:39:30	0:08:17	ITA
43	39	8	1223	LACU Fabrizio	SM40	G.S. ATLETICA DOLIANOVA	0:39:40	0:08:27	ITA
44	40	3	1212	FACCIOLO Valerio	SM55	EUROATLETICA 2002	0:39:52	0:08:39	ITA
45	41	2	1059	CIRRONIS Flavio	SM60	OLYMPIA VILLACIDRO	0:39:54	0:08:41	ITA
46	42	4	1361	GARAU Salvatore	SM50	ASD SULCIS ATLETICA CARBONIA	0:39:54	0:08:42	ITA
47	43	1	1314	VARGIU Antonello	SM65	ASD CAGLIARI ATLETICA LEGGERA	0:39:59	0:08:46	ITA
48	5	2	1181	MELONI Cinzia	SF50	ATL EDOARDO SANNA ELMAS	0:40:03	0:08:50	ITA
49	44	10	1220	MAMELI Marco	SM45	RUNCARD	0:40:03	0:08:51	ITA
50	45	5	1164	COSSU Giuliano	SM50	ATL POD SAN GAVINO	0:40:09	0:08:57	ITA
51	46	11	1344	SANNA Alessio	SM45	ATLETICA PULA	0:40:10	0:08:57	ITA
52	47	8	1244	COGOTTI Giordano	SM	RUNCARD	0:40:11	0:08:59	ITA
53	48	6	1319	BABICI Andrea	SM50	A.S.D. VAL ROSANDRA TRIESTE	0:40:12	0:08:59	ITA
54	6	1	1250	NIEDDA Martina	JF	CAGLIARI MARATHON CLUB	0:40:13	0:09:01	ITA
55	49	9	1351	AHMED Samir Ghanem Bar	SM	ATL. REGGIO ASD	0:40:20	0:09:08	ITA
56	50	7	1169	MELONI Maurizio	SM50	ATL POD SAN GAVINO	0:40:22	0:09:09	ITA
57	51	10	1126	MANCA Stefano	SM	POLISPORTIVA RUNNERS ORISTANO	0:40:25	0:09:12	ITA
58	52	8	1238	LODDO Alessandro	SM50	MARATHON PORTOSCUSO	0:40:30	0:09:17	ITA
59	7	3	1124	FUMAGALLI Chiara	SF35	I BOCIA VERANO BRIANZA	0:40:33	0:09:21	ITA
60	53	11	1072	ALIMONDA Giorgio	SM	MARATHON PORTOSCUSO	0:40:41	0:09:28	ITA
61	54	9	1284	TUVERI Francesco	SM50	CAGLIARI MARATHON CLUB	0:40:42	0:09:29	ITA
62	8	1	1231	CAU Elisa	SF	POLISPORTIVA RUNNERS ORISTANO	0:40:43	0:09:30	ITA
63	55	3	1003	DILL Markus	SM60	RUNCARD	0:40:45	0:09:32	SUI
64	56	9	1131	PERALTA Alessandro	SM40	ISOLARUN	0:40:47	0:09:34	ITA
65	57	2	1102	URAS Pietro	SM65	ATLETICA 4 MORI	0:40:56	0:09:43	ITA
66	9	1	1117	PINTOR Enrica	SF40	ISOLARUN	0:41:00	0:09:47	ITA
67	58	10	1216	FLORIS Claudio	SM40	GRUPPO POL DIL ASSEMINI	0:41:07	0:09:54	ITA
68	59	12	1240	LUCIDO Andrea	SM	ATLETICA PULA	0:41:12	0:10:00	ITA
69	60	13	1033	MONNI Gabriele	SM	RUNCARD	0:41:19	0:10:06	ITA
70	10	2	1339	GATTERMAYER Marcella	JF	C.U.S. CAGLIARI	0:41:23	0:10:10	ITA
71	61	3	1176	MELIS Mario	SM65	ATL EDOARDO SANNA ELMAS	0:41:23	0:10:10	ITA
72	62	10	1286	ANGIUS Francesco	SM50	CAGLIARI MARATHON CLUB	0:41:25	0:10:12	ITA
73	63	4	1094	CARTA Giuseppe	SM60	GS ATLETICA OGLIASTRA	0:41:26	0:10:13	ITA
74	64	11	1112	LAI Marco	SM50	POL ATLETICA SANTADI	0:41:30	0:10:17	ITA
75	65	5	1157	COCCO Fabrizio	SM60	ASD ATLETICA SINNAI	0:41:42	0:10:29	ITA
76	66	12	1162	CONTU Rafaele	SM50	GRUPPO POL DIL ASSEMINI	0:41:43	0:10:30	ITA
77	11	2	1321	SCOMPARIN Maria Cristina	SF45	A.S.D. HROBERT RUNNING TEAM	0:41:50	0:10:37	ITA
78	12	3	1334	PIERACCINI Giorgia	JF	TRIATHLON TEAM SASSARI	0:41:53	0:10:41	ITA
79	13	1	1115	DESSÌ Adriana Guadalupe	PF	GS ATLETICA OGLIASTRA	0:42:04	0:10:52	ITA
80	67	8	1067	SCANU Andrea	SM35	POLISPORTIVA RUNNERS ORISTANO	0:42:06	0:10:53	ITA
81	68	12	1110	CONGIU Roberto	SM45	POLISPORTIVA RUNNERS ORISTANO	0:42:06	0:10:54	ITA
82	69	14	1008	LOCCI Enrico	SM	RUNCARD	0:42:13	0:11:00	ITA
83	70	11	1241	COLLU Andrea	SM40	GRUPPO POL DIL ASSEMINI	0:42:16	0:11:03	ITA
84	71	4	1292	CAOCCI Stefano	SM55	CAGLIARI MARATHON CLUB	0:42:20	0:11:07	ITA
85	72	5	1069	PALMAS Giuseppe	SM55	ATLETICA PULA	0:42:25	0:11:12	ITA
86	14	1	1175	SONEDDA Cristina	SF55	ATL EDOARDO SANNA ELMAS	0:42:25	0:11:13	ITA
87	73	13	1163	CITRO Luigi	SM50	ATL POD SAN GAVINO	0:42:26	0:11:14	ITA

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
88	74	12	1045	AUTIERO Diego	SM40	RUNCARD	0:42:30	0:11:17	ITA
89	75	6	1105	MASSA Marco	SM60	ASD US ATL GUSPINI	0:42:31	0:11:18	ITA
90	76	13	1185	SCANO Claudio	SM45	ATL EDOARDO SANNA ELMAS	0:42:36	0:11:23	ITA
91	15	4	1338	CAO Benedetta	JF	C.U.S. CAGLIARI	0:42:40	0:11:27	ITA
92	77	13	1274	BOI Alessandro	SM40	CAGLIARI MARATHON CLUB	0:42:45	0:11:32	ITA
93	78	14	1100	SANNA Gianfranco	SM50	ASD US ATL GUSPINI	0:42:47	0:11:34	ITA
94	79	14	1120	MODETTI Daniele	SM45	STUDIUM ET STADIUM	0:42:49	0:11:36	ITA
95	80	15	1187	MELONI Raimondo	SM50	ATL EDOARDO SANNA ELMAS	0:42:49	0:11:37	ITA
96	81	16	1095	PUTZOLU Fabrizio	SM50	AMATORI TERRALBA	0:42:57	0:11:44	ITA
97	16	1	1251	PITZALIS Alice	AF	CAGLIARI MARATHON CLUB	0:42:58	0:11:45	ITA
98	82	7	1311	STARA Stefano	SM60	ASD CAGLIARI ATLETICA LEGGERA	0:43:06	0:11:53	ITA
99	17	3	1165	ENNAS Daniela	SF50	ATL POD SAN GAVINO	0:43:13	0:12:00	ITA
100	83	15	1171	VINCI Domenico	SM45	ATL POD SAN GAVINO	0:43:18	0:12:05	ITA
101	84	17	1345	PIANO Andrea	SM50	ATLETICA PULA	0:43:24	0:12:11	ITA
102	85	9	1166	FRONGIA Stefano	SM35	ATL POD SAN GAVINO	0:43:29	0:12:17	ITA
103	86	14	1002	SAGGIU Fabio	SM40	RUNCARD	0:43:34	0:12:21	ITA
104	18	1	1053	GASPA Annalisa	SF60	ATLETICAMENTE A.S.D.	0:43:39	0:12:26	ITA
105	87	16	1062	MELONI Gianluca	SM45	GRUPPO POL DIL ASSEMINI	0:43:43	0:12:30	ITA
106	88	18	1055	VACCA Gianluca	SM50	ATLETICA PABILLONIS	0:43:45	0:12:33	ITA
107	89	15	1329	MOSCOGIURI Pieclaudio	SM40	RUNCARD	0:43:47	0:12:34	ITA
108	19	2	1295	MALUNE Maria Elena	SF40	ASD CAGLIARI ATLETICA LEGGERA	0:43:51	0:12:38	ITA
109	90	4	1246	LAI Paolo	SM65	BLUE TRIBUNE S.R.L. SOCIETA SP	0:43:54	0:12:41	ITA
110	91	10	1170	PIANO Matteo	SM35	ATL POD SAN GAVINO	0:43:54	0:12:41	ITA
111	92	17	1370	ATZENI Sandro	SM45	BLUE TRIBUNE S.R.L. SOCIETA SP	0:43:56	0:12:43	ITA
112	93	18	1028	LAI Luca	SM45	RUNCARD	0:44:04	0:12:52	ITA
113	94	19	1207	ATZENI Andrea	SM45	LBM SPORT TEAM	0:44:05	0:12:53	ITA
114	95	15	1020	PISU Riccardo	SM	RUNCARD	0:44:10	0:12:58	ITA
115	96	8	1309	LOI Alberto	SM60	ASD CAGLIARI ATLETICA LEGGERA	0:44:10	0:12:58	ITA
116	97	19	1237	DESOGUS Andrea	SM50	A.S.D. ATLETICA MONTEPONI IGLE	0:44:14	0:13:01	ITA
117	20	3	1233	SULIKOVA Katarina	SF45	RUNCARD	0:44:15	0:13:03	SVK
118	98	20	1077	ARRICA Pier Gaetano	SM45	ATLETICA PLOAGHE	0:44:19	0:13:06	ITA
119	99	9	1312	ZEDDA Giuseppe	SM60	ASD CAGLIARI ATLETICA LEGGERA	0:44:20	0:13:07	ITA
120	21	2	1228	MÜLLER Stefanie	SF	RUNCARD	0:44:32	0:13:19	GER
121	100	6	1071	SERRA Gian Matteo	SM55	PARMARATHON ASD	0:44:48	0:13:35	ITA
122	101	21	1159	PIU Simone	SM45	RUNFAST SASSARI ASD	0:44:49	0:13:36	ITA
123	102	16	1098	SANDRINI Roberto	SM40	VENUS TRIATHLON ACADEMY SSDA	0:45:11	0:13:58	ITA
124	103	20	1325	CONGIU Cristian	SM50	ASD PODISMO SARROCH	0:45:23	0:14:10	ITA
125	104	10	1322	MELONI Andrea	SM60	ASD PODISMO SARROCH	0:45:26	0:14:13	ITA
126	105	16	1327	MOLTENI Filippo	SM	ASD SWATT CLUB	0:45:26	0:14:13	ITA
127	106	5	1103	BUTTAU Walter	SM65	SOC ATL TEMPIO PAUSANIA	0:45:32	0:14:19	ITA
128	22	4	1299	PILI Simonetta	SF50	ASD CAGLIARI ATLETICA LEGGERA	0:45:37	0:14:24	ITA
129	107	11	1245	ISOLA Paolo	SM60	ASD RUN TO BE WILD	0:45:40	0:14:27	ITA
130	108	21	1061	MOCCI Andrea	SM50	ATLETICA SELARGIUS	0:45:51	0:14:39	ITA
131	109	17	1030	RIELLO Davide	SM40	RUNCARD	0:46:07	0:14:54	ITA
132	110	1	1211	CORONA Marco	SM70	ASD ATL ORISTANO	0:46:09	0:14:56	ITA
133	111	17	1353	FOGLIA Giovanni	SM	RUNCARD	0:46:13	0:15:00	ITA
134	23	4	1257	MURA Giorgia	SF35	CAGLIARI MARATHON CLUB	0:46:13	0:15:00	ITA
135	112	22	1224	SULIS Simone	SM45	A.S.D. ATL MINERARIA CARBONIA	0:46:17	0:15:04	ITA
136	113	22	1135	GESSA Fabio	SM50	ATLETICA PULA	0:46:17	0:15:04	ITA
137	114	23	1324	GESSA Damiano	SM45	ASD PODISMO SARROCH	0:46:17	0:15:04	ITA

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
138	24	5	1318	NOVEL Marina	SF50	A.S.D. VAL ROSANDRA TRIESTE	0:46:21	0:15:08	ITA
139	115	23	1288	ZORCOLO Roberto	SM50	CAGLIARI MARATHON CLUB	0:46:32	0:15:20	ITA
140	116	24	1347	ISOLATO Fabio	SM50	POL. TEAM BRIANZA LISSONE	0:46:34	0:15:21	ITA
141	25	6	1052	MELONE Tecla	SF50	X-SOLID SPORT LAB ASD	0:46:38	0:15:25	ITA
142	117	24	1123	CANULLI Remberto	SM45	X-SOLID SPORT LAB ASD	0:46:38	0:15:25	ITA
143	26	3	1259	TIROTTTO Silvia	SF40	CAGLIARI MARATHON CLUB	0:46:47	0:15:34	ITA
144	118	25	1282	MANTEGA Rossano	SM50	CAGLIARI MARATHON CLUB	0:46:48	0:15:35	ITA
145	119	18	1118	IBBA Daniele	SM40	ATL SAN SPERATE	0:47:10	0:15:57	ITA
146	120	11	1217	MULARGIA Enrico	SM35	RUNCARD	0:47:16	0:16:04	ITA
147	121	7	1121	SECCI Alessandro	SM55	G.S. ATLETICA DOLIANOVA	0:47:20	0:16:08	ITA
148	122	12	1173	MIGNANI Kiran	SM35	ATL POD SAN GAVINO	0:47:23	0:16:11	ITA
149	123	26	1150	SCANO Emanuele	SM50	RUNCARD	0:47:37	0:16:25	ITA
150	124	25	1279	SATTA Bruno	SM45	CAGLIARI MARATHON CLUB	0:47:51	0:16:39	ITA
151	125	12	1142	PITTALIS Sandro	SM60	RUNFAST SASSARI ASD	0:47:55	0:16:43	ITA
152	27	7	1265	NOCERA Francesca	SF50	CAGLIARI MARATHON CLUB	0:47:59	0:16:46	ITA
153	28	8	1263	LAI Loredana	SF50	CAGLIARI MARATHON CLUB	0:47:59	0:16:46	ITA
154	29	4	1140	SODDU Manuela	SF45	ASD RUN TO BE WILD	0:48:01	0:16:49	ITA
155	126	26	1278	SABIU Ivan	SM45	CAGLIARI MARATHON CLUB	0:48:01	0:16:49	ITA
156	127	8	1022	ZIRI Roberto	SM55	RUNCARD	0:48:07	0:16:54	ITA
157	30	5	1261	LIGAS Cristina	SF45	CAGLIARI MARATHON CLUB	0:48:10	0:16:58	ITA
158	128	27	1323	GESSA Claudio	SM45	ASD PODISMO SARROCH	0:48:12	0:17:00	ITA
159	129	28	1248	MUGGIRI Renato	SM45	SPORTISOLA LA MADDALENA ASD	0:48:12	0:17:00	ITA
160	31	6	1177	ZEDDA Paola	SF45	ATL EDOARDO SANNA ELMAS	0:48:16	0:17:03	ITA
161	130	13	1161	SATTA Luigi	SM60	ATLETICA PULA	0:48:17	0:17:04	ITA
162	32	7	1204	PERRA Silvia	SF45	RUNCARD	0:48:17	0:17:05	ITA
163	131	29	1331	VENTURA Flavio	SM45	RUNCARD	0:48:18	0:17:06	ITA
164	33	9	1125	PILLAI Federica	SF50	BLUE TRIBUNE S.R.L. SOCIETA SP	0:48:24	0:17:11	ITA
165	132	27	1074	FADDA Tito	SM50	ASD PODISMO SARROCH	0:48:32	0:17:19	ITA
166	133	9	1213	PIRAS Gianni	SM55	ASD RUN TO BE WILD	0:48:35	0:17:23	ITA
167	34	10	1267	PAU Ornella	SF50	CAGLIARI MARATHON CLUB	0:48:41	0:17:29	ITA
168	134	10	1172	ZURRU Alberto	SM55	ATL POD SAN GAVINO	0:48:46	0:17:33	ITA
169	135	11	1367	ASUNI Marco	SM55	ASD ATL MARACALAGONIS IL SOGN	0:48:46	0:17:34	ITA
170	136	30	1057	GUARNERI Mirko	SM45	ATLETICA PULA	0:48:51	0:17:39	ITA
171	137	18	1017	LEDDA Francesco	SM	RUNCARD	0:48:53	0:17:40	ITA
172	35	8	1262	PIRAS Roberta	SF45	CAGLIARI MARATHON CLUB	0:48:53	0:17:40	ITA
173	138	31	1358	CORRIAS Stefano	SM45	POL LIBERTAS CAMPIDANO	0:48:54	0:17:41	ITA
174	139	28	1285	SANNA Roberto	SM50	CAGLIARI MARATHON CLUB	0:48:58	0:17:46	ITA
175	36	1	1196	CASTELLACCIO Alessandra	SF65	ATLETICA PLOAGHE	0:49:01	0:17:48	ITA
176	140	32	1010	MARRAS Marco	SM45	RUNCARD	0:49:02	0:17:49	ITA
177	37	4	1139	MUZZU Paola	SF40	ATLETICAMENTE A.S.D.	0:49:08	0:17:55	ITA
178	141	13	1355	SCHIRRU Michele	SM35	C.U.S. CAGLIARI	0:49:13	0:18:01	ITA
179	38	11	1300	FARINA Daniela	SF50	ASD CAGLIARI ATLETICA LEGGERA	0:49:23	0:18:11	ITA
180	39	3	1369	MAES Justine	SF	UNION ATHLETIQUE CHATELINEAU	0:49:26	0:18:13	BEL
181	142	12	1086	FANTI Paolo	SM55	ATLETICA SELARGIUS	0:49:34	0:18:21	ITA
182	143	33	1243	DE ANGELIS Luigi	SM45	PIANO MA ARRIVIAMO SSD A RL	0:49:35	0:18:23	ITA
183	144	1	1106	SIDDU Gilberto	SM75	ASD AMPA TRAINING	0:49:50	0:18:38	ITA
184	40	12	1368	CANNAS Cristiana Katia	SF50	ASD ATL MARACALAGONIS IL SOGN	0:49:52	0:18:40	ITA
185	145	14	1218	MATTA Diego Gesuino	SM35	RUNCARD	0:50:05	0:18:52	ITA
186	146	19	1013	NOBILI Simone	SM	RUNCARD	0:50:09	0:18:56	ITA
187	147	15	1007	MANAI Andrea	SM35	RUNCARD	0:50:13	0:19:00	ITA

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
188	148	29	1109	FATICANTI Marco	SM50	A.S.D. ESERCITO CECCHIGNOLA	0:50:20	0:19:07	ITA
189	41	2	1092	BIOTTO Roberta	SF55	SPOTORNI RUN	0:50:31	0:19:18	ITA
190	149	30	1188	ONNIS Tonino	SM50	ATL EDOARDO SANNA ELMAS	0:50:32	0:19:20	ITA
191	150	20	1083	MURA Alessandro	SM	ATLETICA SELARGIUS	0:50:34	0:19:21	ITA
192	42	2	1096	SANNA Caterina	SF65	RUNNERS BERGAMO	0:50:39	0:19:26	ITA
193	151	14	1099	SIDDI Stefano	SM60	ATLETICA SELARGIUS	0:50:41	0:19:29	ITA
194	152	19	1004	SERRA Roberto	SM40	RUNCARD	0:50:43	0:19:30	ITA
195	153	13	1104	FRAU Giuseppe	SM55	ATL CORTOGHIANA	0:50:44	0:19:31	ITA
196	43	4	1199	PINNA Luisella	SF	C.U.S. CAGLIARI	0:50:52	0:19:40	ITA
197	154	31	1141	OLIAS Emanuele	SM50	ATLETICA PULA	0:51:03	0:19:51	ITA
198	155	32	1307	CANGEMI Andrea	SM50	ASD CAGLIARI ATLETICA LEGGERA	0:51:13	0:20:00	ITA
199	156	20	1024	TRUDU Mauro	SM40	RUNCARD	0:51:14	0:20:01	ITA
200	157	21	1122	BUTTAU Roberto	SM	SOC ATL TEMPIO PAUSANIA	0:51:20	0:20:07	ITA
201	158	14	1032	INZAINA Marco	SM55	RUNCARD	0:51:26	0:20:13	ITA
202	44	3	1075	MAGLIOLI Paola	SF65	A.S.D. ICHNOS SASSARI	0:51:31	0:20:18	ITA
203	45	5	1255	CARTA Stefania	SF35	CAGLIARI MARATHON CLUB	0:51:35	0:20:22	ITA
204	159	15	1091	BALDAN Silvio	SM60	SPOTORNI RUN	0:51:41	0:20:28	ITA
205	46	3	1270	MURA Sandra	SF55	CAGLIARI MARATHON CLUB	0:51:41	0:20:29	ITA
206	160	34	1276	CASU Andrea	SM45	CAGLIARI MARATHON CLUB	0:51:43	0:20:30	ITA
207	47	6	1357	PIGA Michela	SF35	POL LIBERTAS CAMPIDANO	0:51:45	0:20:32	ITA
208	48	4	1064	FRIGERIO Chiara	SF55	ATL. CENTO TORRI PAVIA	0:51:49	0:20:36	ITA
209	161	2	1183	PIREDDU Emilio	SM75	ATL EDOARDO SANNA ELMAS	0:52:06	0:20:53	ITA
210	49	5	1191	GIANNETTO Tiziana	SF40	G.S. ZELOFORAMAGNO	0:52:10	0:20:57	ITA
211	162	33	1222	MURU Virgilio	SM50	RUNCARD	0:52:10	0:20:57	ITA
212	163	6	1313	MEDDA Alessandro	SM65	ASD CAGLIARI ATLETICA LEGGERA	0:52:25	0:21:12	ITA
213	50	6	1234	SIROK Andrea	SF40	PIANO MA ARRIVIAMO SSD A RL	0:52:26	0:21:13	HUN
214	51	13	1202	ATZENI Monica	SF50	GRUPPO POL DIL ASSEMINI	0:52:26	0:21:14	ITA
215	164	22	1025	BUDRONI Marco	SM	RUNCARD	0:52:39	0:21:26	ITA
216	165	35	1152	RODA Davide	SM45	RUNCARD	0:52:44	0:21:32	ITA
217	166	34	1221	URRU Cristian	SM50	RUNCARD	0:52:48	0:21:36	ITA
218	167	36	1034	PIGA Fausto	SM45	RUNCARD	0:52:49	0:21:36	ITA
219	168	23	1272	MASALA Manuel	SM	CAGLIARI MARATHON CLUB	0:52:50	0:21:37	ITA
220	169	16	1042	AZZU Paolo	SM60	RUNCARD	0:52:50	0:21:37	ITA
221	170	7	1060	CORRIGA Ugo	SM65	ASD ATL MARACALAGONIS IL SOGN	0:52:52	0:21:39	ITA
222	52	7	1350	NOCENTINI Francesca	SF35	RUNCARD	0:52:55	0:21:43	ITA
223	53	5	1193	MARONGIU Maria Elisabetta	SF55	BLUE TRIBUNE S.R.L. SOCIETA SP	0:53:01	0:21:49	ITA
224	171	21	1111	MASALA Mauro	SM40	POLISPORTIVA RUNNERS ORISTANO	0:53:07	0:21:54	ITA
225	172	16	1040	SCANU Paolo	SM35	RUNCARD	0:53:08	0:21:56	ITA
226	173	8	1134	ZURRU Franco	SM65	RUNNERS BERGAMO	0:53:10	0:21:58	ITA
227	54	14	1101	COCCO Alessandra	SF50	ASD AMPA TRAINING	0:53:17	0:22:04	ITA
228	174	22	1149	MELIS Alessio	SM40	RUNCARD	0:53:17	0:22:05	ITA
229	175	23	1153	FADDA Salvatore	SM40	RUNCARD	0:53:18	0:22:05	ITA
230	176	2	1215	SULIS Ignazio	SM70	GS RUNNERS CAGLIARI	0:53:22	0:22:09	ITA
231	177	24	1160	MORELLO Michele	SM40	ASD PODISMO SARROCH	0:53:23	0:22:10	ITA
232	178	15	1328	MARONGIU Gian Maria	SM55	ATLETICA PULA	0:53:25	0:22:12	ITA
233	55	15	1136	ANEDDA Monica	SF50	ATLETICA PULA	0:53:27	0:22:15	ITA
234	56	5	1201	PITZALIS Aksana	SF	RUNCARD	0:53:28	0:22:15	BLR
235	57	9	1203	PITZUS Renata	SF45	RUNCARD	0:53:28	0:22:16	ITA
236	179	25	1316	PICCIAU Enrico	SM40	ATLETICA SELARGIUS	0:53:34	0:22:21	ITA
237	58	10	1249	TOSI Gabriella	SF45	RHO TRIATHLON CLUB	0:53:38	0:22:25	ITA

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
238	59	11	1198	CUNCU Francesca	SF45	ASD ATLETICA UTA	0:53:47	0:22:34	ITA
239	60	7	1088	DESSÌ Valentina	SF40	ASD PODISMO SARROCH	0:53:50	0:22:38	ITA
240	61	12	1143	CADELANO Silvia	SF45	BLUE TRIBUNE S.R.L. SOCIETA SP	0:53:55	0:22:43	ITA
241	180	17	1206	RUDA Andrea	SM60	ATLETICA PLOAGHE	0:53:57	0:22:45	ITA
242	62	8	1256	DESSI Taira	SF35	CAGLIARI MARATHON CLUB	0:53:59	0:22:46	ITA
243	181	18	1310	PUDDU Virgilio	SM60	ASD CAGLIARI ATLETICA LEGGERA	0:54:02	0:22:49	ITA
244	182	3	1108	SECCI Giovanni Battista	SM70	ATLETICA PULA	0:54:33	0:23:20	ITA
245	63	13	1190	PISANU Maddalena	SF45	POD AMATORI OLBIA	0:54:50	0:23:37	ITA
246	64	16	1189	COSSU Franca	SF50	SHARDANA ASD	0:55:01	0:23:48	ITA
247	65	17	1298	MURU Anna Maria	SF50	ASD CAGLIARI ATLETICA LEGGERA	0:55:07	0:23:54	ITA
248	66	2	1116	ANGIONI Patrizia	SF60	STUDIUM ET STADIUM	0:55:16	0:24:04	ITA
249	67	18	1266	PALMAS Ramona	SF50	CAGLIARI MARATHON CLUB	0:55:30	0:24:17	ITA
250	68	4	1156	SEU Franca	SF65	ASD PODISMO SARROCH	0:55:30	0:24:17	ITA
251	183	19	1097	COSSU Antonello	SM60	POL UTA 2000	0:55:35	0:24:22	ITA
252	69	19	1073	PERSEU Pamela	SF50	ATLETICA PULA	0:55:43	0:24:30	ITA
253	184	20	1356	MEDDA Massimiliano	SM60	CAGLIARI MARATHON CLUB	0:55:47	0:24:34	ITA
254	70	3	1303	NIOI Maria Gabriella	SF60	ASD CAGLIARI ATLETICA LEGGERA	0:55:59	0:24:46	ITA
255	71	20	1197	LEORI Carmen	SF50	GRUPPO POL DIL ASSEMINI	0:56:07	0:24:55	ITA
256	72	6	1200	SODDU Enrica	SF	C.U.S. CAGLIARI	0:56:17	0:25:04	ITA
257	185	21	1219	SENSERINI Roberto	SM60	RUNCARD	0:56:23	0:25:10	ITA
258	73	8	1359	PIREDDU Alessandra	SF40	POD AMATORI OLBIA	0:56:26	0:25:13	ITA
259	74	9	1154	MOSTALLINO Carla	SF35	GRUPPO POL DIL ASSEMINI	0:56:37	0:25:24	ITA
260	75	21	1264	LOFFREDO Rita	SF50	CAGLIARI MARATHON CLUB	0:56:38	0:25:25	ITA
261	76	4	1192	SARTI Dina	SF60	BLUE TRIBUNE S.R.L. SOCIETA SP	0:56:39	0:25:27	ITA
262	77	22	1038	VIGO Michela	SF50	RUNCARD	0:56:44	0:25:31	ITA
263	186	22	1113	BESSON Alessandro	SM60	CAGLIARI MARATHON CLUB	0:56:47	0:25:35	ITA
264	187	4	1051	SIDDI Ignazio	SM70	AS TESPIENSE QUARTU	0:56:56	0:25:44	ITA
265	78	5	1302	MILIDDI Rosalba	SF60	ASD CAGLIARI ATLETICA LEGGERA	0:56:58	0:25:45	ITA
266	79	6	1341	FIORINI Sylva	SF55	RUNCARD	0:57:10	0:25:58	ITA
267	80	14	1230	GHISU Lucia	SF45	RUNCARD	0:57:21	0:26:08	ITA
268	81	10	1317	BALDINI Ilenia	SF35	G.S.FILIPPIDE	0:57:25	0:26:12	ITA
269	188	35	1281	FERRIGNO Stefano	SM50	CAGLIARI MARATHON CLUB	0:57:31	0:26:18	ITA
270	82	23	1144	MOROZZO Milena	SF50	ATL LEGG ARBOREA	0:57:38	0:26:25	ITA
271	83	6	1304	TAGLIAFIERRO Giovanna	SF60	ASD CAGLIARI ATLETICA LEGGERA	0:57:40	0:26:27	ITA
272	84	7	1226	MASCIA Maria Paola	SF55	GS RUNNERS CAGLIARI	0:57:42	0:26:30	ITA
273	189	5	1050	COGONI Raimondo	SM70	AS TESPIENSE QUARTU	0:57:42	0:26:30	ITA
274	85	11	1080	PIPOBELLO Francesca	SF35	ATLETICA PULA	0:57:49	0:26:36	ITA
275	86	8	1301	DELOGU Giovanna Lucia	SF55	ASD CAGLIARI ATLETICA LEGGERA	0:58:00	0:26:47	ITA
276	87	9	1084	CASTI Antonella	SF55	ATLETICA SELARGIUS	0:58:19	0:27:06	ITA
277	190	9	1029	PODDA Alfonso	SM65	RUNCARD	0:58:30	0:27:17	ITA
278	191	37	1036	PRESTIGIACOMO Salvatore	SM45	RUNCARD	0:58:34	0:27:22	ITA
279	88	7	1254	COCCO Eleonora	SF	CAGLIARI MARATHON CLUB	0:58:38	0:27:25	ITA
280	89	2	1015	SODDU Caterina	PF	RUNCARD	0:58:44	0:27:32	ITA
281	192	23	1026	BLANGERO Maurizio	SM60	RUNCARD	0:58:45	0:27:33	ITA
282	193	1	1236	GATTI Fernando	SM80	GRUPPO POL DIL ASSEMINI	0:58:52	0:27:39	ITA
283	194	17	1049	PIGATO Roberto	SM35	DINAMICA SARDEGNA	0:58:54	0:27:41	ITA
284	90	10	1021	COSTANTINI Chiara	SF55	RUNCARD	0:58:59	0:27:46	ITA
285	195	24	1085	ROSA Leonardo	SM60	ATLETICA CRAL BANCO POPOLARE	0:59:17	0:28:04	ITA
286	91	11	1044	GUGLIELMETTI Alessandra	SF55	RUNCARD	0:59:21	0:28:08	ITA
287	92	7	1089	CUCCA Milena	SF60	ATLETICA PULA	0:59:27	0:28:14	ITA

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
288	196	36	1054	CABONI Ettore	SM50	ATLETICA PULA	0:59:27	0:28:14	ITA
289	197	10	1035	GALLERI Antonio	SM65	RUNCARD	0:59:35	0:28:22	ITA
290	198	11	1182	PIREDDU Paolo	SM65	ATL EDOARDO SANNA ELMAS	0:59:36	0:28:23	ITA
291	93	5	1128	SERAFINI Annarella	SF65	POL ATLETICA SANTADI	0:59:43	0:28:30	ITA
292	199	16	1133	ORRIGO Maurizio	SM55	UNIONE SPORTIVA NAVE ASD	0:59:44	0:28:31	ITA
293	94	12	1337	GIUA MARASSI Luisa	SF55	C.U.S. CAGLIARI	0:59:47	0:28:34	ITA
294	95	8	1011	CAVALLERI Paola	SF	RUNCARD	0:59:52	0:28:39	ITA
295	96	13	1293	LAI Elena	SF55	ASD CAGLIARI ATLETICA LEGGERA	0:59:54	0:28:41	ITA
296	97	12	1294	MEDDA Elisabetta Frances	SF35	ASD CAGLIARI ATLETICA LEGGERA	1:00:12	0:28:59	ITA
297	200	6	1078	BISIACCHI Pietro	SM70	ATL. OVADESE ORMIG	1:00:14	0:29:01	ITA
298	98	13	1151	MARRAS Alessandra	SF35	RUNCARD	1:00:19	0:29:07	ITA
299	99	9	1147	MARONGIU Veronica	SF40	RUNCARD	1:00:20	0:29:07	ITA
300	100	10	1146	NECHITA Elena Alina	SF40	RUNCARD	1:00:20	0:29:07	ROU
301	101	9	1252	BARDI Carla	SF	CAGLIARI MARATHON CLUB	1:00:41	0:29:28	ITA
302	102	24	1019	ALBEZZANO Bianca	SF50	RUNCARD	1:00:54	0:29:41	ITA
303	103	10	1184	PIREDDU Monica	SF	ATL EDOARDO SANNA ELMAS	1:01:08	0:29:55	ITA
304	104	11	1018	ADESSO Emanuela	SF40	RUNCARD	1:01:10	0:29:57	ITA
305	105	12	1180	NOTARI Valentina	SF40	ATL EDOARDO SANNA ELMAS	1:01:12	0:30:00	ITA
306	106	14	1205	LAMPIS Roberta	SF35	RUNCARD	1:01:22	0:30:10	ITA
307	201	17	1068	SODDU Rinaldo	SM55	POL UTA 2000	1:01:57	0:30:45	ITA
308	107	15	1225	MARROCU Maria Aurora	SF35	GRUPPO POL DIL ASSEMINI	1:02:26	0:31:14	ITA
309	108	15	1023	PISANO Roberta	SF45	RUNCARD	1:02:27	0:31:15	ITA
310	109	25	1194	ZORCO Maria Paola	SF50	GRUPPO POL DIL ASSEMINI	1:02:29	0:31:16	ITA
311	110	13	1070	D'AVELLO Lola	SF40	X-SOLID SPORT LAB ASD	1:02:56	0:31:44	ITA
312	111	14	1009	CALABRESE Alessandra	SF40	RUNCARD	1:03:21	0:32:09	ITA
313	202	38	1247	SZARSZEWSKI Michal	SM45	RUNCARD	1:03:24	0:32:12	POL
314	112	16	1229	BORTOLUZZO Flavia	SF45	RUNCARD	1:03:25	0:32:12	BRA
315	113	17	1260	DEIDDA Rita	SF45	CAGLIARI MARATHON CLUB	1:03:29	0:32:16	ITA
316	114	8	1058	ATZORI Maria Antonietta	SF60	ATL EDOARDO SANNA ELMAS	1:03:30	0:32:17	ITA
317	115	6	1132	CADDEO Carla	SF65	POL ATLETICA SANTADI	1:03:52	0:32:39	ITA
318	116	26	1031	TINTI Giorgia	SF50	RUNCARD	1:04:27	0:33:14	ITA
319	203	12	1315	LECCA Valter	SM65	ATLETICA SELARGIUS	1:05:13	0:34:00	ITA
320	204	25	1308	ARIZIO Alessandro	SM60	ASD CAGLIARI ATLETICA LEGGERA	1:05:13	0:34:00	ITA
321	117	16	1005	CONTU Eleonora	SF35	RUNCARD	1:05:17	0:34:04	ITA
322	205	37	1047	ONIDI Gianluca	SM50	POL LIBERTAS CAMPIDANO	1:05:29	0:34:16	ITA
323	206	18	1290	BRANCA Fabrizio	SM55	CAGLIARI MARATHON CLUB	1:05:44	0:34:31	ITA
324	207	19	1079	SCHIOPPA Stefano	SM55	GARDA RUNNING A.S.D.	1:05:54	0:34:41	ITA
325	118	18	1232	VENTURINO Lea	SF45	GRUPPO POL DIL ASSEMINI	1:06:19	0:35:07	ITA
326	119	14	1174	ARGIOLAS Caterina	SF55	ATL EDOARDO SANNA ELMAS	1:06:57	0:35:44	ITA
327	208	24	1046	GHIANI Enrico	SM	RUNCARD	1:07:00	0:35:47	ITA
328	120	15	1155	MANNU Grazia	SF40	RUNFAST SASSARI ASD	1:07:18	0:36:05	ITA
329	121	15	1063	NESPOLINI Giovanna Rita	SF55	POD AMATORI OLBIA	1:08:16	0:37:03	ITA
330	209	26	1119	CASULA Antonio Agostino	SM60	POD AMATORI OLBIA	1:08:17	0:37:04	ITA
331	122	16	1195	BONGIORNO Lilla	SF55	9,92 RUNNING ASD	1:09:57	0:38:44	ITA
332	123	16	1296	ZEDDA Francesca	SF40	ASD CAGLIARI ATLETICA LEGGERA	1:11:12	0:39:59	ITA
333	124	9	1081	VIANELLI Caterina	SF60	NAVIGLIO RUNNING TEAM ASD	1:11:23	0:40:10	ITA
334	210	13	1048	DESSI Roberto	SM65	MARATHON PORTOSCUSO	1:11:50	0:40:37	ITA
335	125	17	1269	LONI Maria Cristina	SF55	CAGLIARI MARATHON CLUB	1:11:50	0:40:37	ITA
336	126	18	1107	MORLACCHETTI Valia	SF55	C.U.S. CAGLIARI	1:12:24	0:41:11	ITA
337	127	27	1268	SEDDA Anna Maria	SF50	CAGLIARI MARATHON CLUB	1:12:43	0:41:30	ITA

Pos.	M/F	Cat.	Pett.	Cognome Nome	Cat. 1	Società	Risultato	Diff.	Naz.
338	128	17	1258	FANCELLO Milena	SF40	CAGLIARI MARATHON CLUB	1:13:53	0:42:40	ITA
339	129	28	1326	CASU Natascia	SF50	ASD PODISMO SARROCH	1:14:23	0:43:10	ITA
340	130	19	1349	MOSSA Alessandra	SF45	CAGLIARI MARATHON CLUB	1:16:13	0:45:00	ITA
341	131	7	1039	MELIS Rosaria	SF65	RUNCARD	1:19:33	0:48:20	ITA
342	132	10	1235	ARGIOLAS Elisabetta	SF60	PIANO MA ARRIVIAMO SSD A RL	1:21:34	0:50:21	ITA
343	211	18	1371	GREER Robert Franz	SM35	RUNCARD	1:25:28	0:54:15	USA