



## Comitato Regionale Sardo

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### MARCIALONGA TERRALBESE 2024 ORGANIZZAZIONE: AMATORI TERRALBA TERRALBA: 22 OTTOBRE 2024

#### ALLIEVE JUNIOR PROMESSE SENIOR DONNE SF Mt 99000

1	84	112	GINNASI	GRETA	SF	NU285	MACOMERUNNERS	51' 25"
		107	MOCCI	ELENA	SF	CA227	ATLETICA 4 MORI	

#### SENIOR DONNE SF35 Mt 9900

1	73	128	MANCONI	CARLA	SF35	OR209	POLISPORTIVA RUNNERS ORISTANC	49' 19"
2	88	116	MURA	SARA	SF35	OR156	AMATORI TERRALBA	53' 00"
	115	103	MEDDA	ELISABETTA	SF35	CA239	CAGLIARI ATLETICA LEGGERA	1h 05' 51"

#### SENIOR DONNE SF40 Mt 9900

1	57	127	D'ALESSANDRO	EMANUELA	SF40	OR209	POLISPORTIVA RUNNERS ORISTANC	46' 17"
2	74	105	PUSCEDDU	SILVIA	SF40	CA145	ATLETICA VILLAMARESE	49' 27"
3	77	111	SERRA	ANNALISA	SF40	CA253	ISOLARUN	49' 55"
4	79	110	FIORI	ARIANNA	SF40	CA253	ISOLARUN	50' 15"
5	108	136	PISANU	FRANCESCA	SF40		RUNCARD	1h 01' 00"
6	111	125	CADEDDU	LEYLA	SF40	OR209	POLISPORTIVA RUNNERS ORIST.	1h 02' 11"
7	118	133	MANNU	GRAZIA	SF40	SS283	RUNFAST SASSARI	1h 06' 17"
		113	FAVALESSA	BARBARA	SF40	OR027	ATL LEGG ARBOREA	
		135	CONI	ALESSANDRA	SF40		RUNCARD	

#### SENIOR DONNE SF34 Mt 9900

1	67	129	MURRU	ELEONORA MARIA	SF45	OR209	POLISPORTIVA RUNNERS ORISTANC	48' 12"
2	81	126	CONTINI	KATIA TERESA	SF45	OR209	POLISPORTIVA RUNNERS ORISTANC	50' 30"
3	96	106	SOGUS	DANIELA	SF45	CA198	ASD OLYMPIA VILLACIDRO	55' 34"
4	121	120	COIS	DANIELA	SF45	OR178	POL GUILGER TEAM LA CITTA'	1h 13' 34"

#### SENIOR DONNE SF50 Mt 9900

1	94	132	SAU	PIERA	SF50	SS125	ATLETICA PLOAGHE	54' 26"
2	106	134	TERRAZZONI	ADRIANA	SF50	SS284	ACADEMY OLBIA ATLETICA	1h 00' 34"
3	113	119	GARAU	GIULIANA	SF50	OR172	MARATHON CLUB ORISTANO	1h 03' 41"

#### SENIOR DONNE SF55 Mt 9900

1	33	101	FERRU	ROBERTA	SF55	CA239	CAGLIARI ATLETICA LEGGERA	41' 30"
2	50	102	SONEDDA	CRISTINA	SF55	CA201	ATL EDOARDO SANNA ELMAS	44' 39"
3	71	117	PANI	MARIA CAROLINA	SF55	OR156	AMATORI TERRALBA	49' 06"
4	76	115	DESSI	ROSSELLA	SF55	OR156	AMATORI TERRALBA	49' 48"
5	101	130	BIDDAU	MARIA	SF55	SS125	ATLETICA PLOAGHE	55' 52"
6	107	137	DESSI'	ADELE	SF55	OR156	AMATORI TERRALBA	1h 00' 43"
7	110	108	MILIDDI	ROSALBA	SF55	CA239	CAGLIARI ATLETICA LEGGERA	1h 01' 57"

8 117 121 CONTINI LUISELLA SF55 OR178 POL GUILCER TEAM LA CITTA' 1h 06' 09"

### SENIOR DONNE SF60 Mt 9900

1 104 118 CABULA ROSALBA SF60 OR172 MARATHON CLUB ORISTANO 58' 55"  
2 105 109 TAGLIAFIERRO GIOVANNA SF60 CA239 CAGLIARI ATLETICA LEGGERA 59' 46"  
3 112 122 MAEDDU ILEANA SF60 OR178 POL GUILCER TEAM LA CITTA' 1h 02' 40"

### SENIOR DONNE SF65 Mt 9900

1 86 131 CASTELLACCIO ALESSANDRA SF65 SS125 ATLETICA PLOAGHE 52' 16"  
2 98 124 VIDALI ENRICA SF65 OR178 POL GUILCER TEAM LA CITTA' 55' 39"

### SENIOR DONNE SF70 Mt 9900

1 95 114 MOREGGIO MARISA SF70 OR027 ATL LEGG ARBOREA 54' 29"  
3 119 123 SANNA GIUSEPPINA SF70 OR178 POL GUILCER TEAM LA CITTA' 1h 09' 47"

### ALLIEVI JUNIOR PROMESSE SENIOR UOMINI SM Mt 9900

1 3 17 PALA ELIA PASKALE AM CA201 ATL EDOARDO SANNA ELMAS 35' 15"  
2 4 32 MOCCI MARIO SM CA253 ISOLARUN 35' 46"  
3 6 5 CICALO' STEFANO SM NU053 POL GONONE DORGALI 36' 13"  
4 10 69 POLIDORI LUCA SM SO890 TEAM VALTELLINA 37' 24"  
5 20 50 CASULA GIANLUCA SM OR172 MARATHON CLUB ORISTANO 39' 56"  
6 45 64 SERRA MARCO SM OR209 POLISPORTIVA RUNNERS ORISTANC 44' 11"  
7 87 75 BUTTAU ROBERTO SM SS173 SOC ATL TEMPIO PAUSANIA 52' 41"  
1 SPANU RICCARDO PM CA253 ISOLARUN

### SENIOR UOMINI SM35 Mt 9900

1 7 18 CONCAS CHRISTIAN SM35 CA211 CAGLIARI MARATHON CLUB 36' 14"  
2 13 60 LEO ANDREA SM35 OR209 POLISPORTIVA RUNNERS ORISTANC 38' 25"  
3 16 57 CAEDDU MATTEO SM35 OR209 POLISPORTIVA RUNNERS ORISTANC 39' 18"  
4 17 66 ZIELINSKI JAKUB ADAM SM35 OR209 POLISPORTIVA RUNNERS ORISTANC 39' 24"  
5 27 81 DORE FRANCESCO SM35 RUNCARD 41' 04"  
6 30 12 TOCCO ALBERTO SM35 CA176 ASD ATLETICA VALERIA 41' 14"  
7 34 48 VARGIU VALENTINO SM35 OR156 AMATORI TERRALBA 41' 52"  
8 40 9 MAMUSA MICHELE SM35 CA056 ATL POD SAN GAVINO 43' 02"  
9 42 45 CONI ERMINIO SM35 OR156 AMATORI TERRALBA 43' 15"  
10 53 65 TRONCI GIANLUCA SM35 OR209 POLISPORTIVA RUNNERS ORISTANC 45' 15"  
11 69 8 FRONGIA STEFANO SM35 CA056 ATL POD SAN GAVINO 48' 36"

### SENIOR UOMINI SM40 Mt 9900

1 1 2 SOLLA CLAUDIO SM40 CA211 CAGLIARI MARATHON CLUB 33' 50"  
2 2 3 MATTU MARCO SM40 CA211 CAGLIARI MARATHON CLUB 34' 32"  
3 8 30 CASU FILIPPO SM40 CA253 ISOLARUN 36' 18"  
4 9 40 SALARIS GIANLUCA SM40 NU285 MACOMERUNNERS 36' 21"  
5 11 78 USAI PAOLO SM40 SS217 PODISTICA SASSARI 37' 48"  
6 12 22 PODDA GIACOMO SM40 CA211 CAGLIARI MARATHON CLUB 38' 12"  
7 15 13 CONTU STEFANO SM40 CA186 ATLETICA PABILLONIS 38' 44"  
8 21 85 PINNA ANDREA SM40 RUNCARD 40' 14"  
9 28 43 SANNA DOMENICO SM40 OR030 SS ATL ORISTANO 41' 07"  
10 37 20 MARTEDDU FRANCESCO SM40 CA211 CAGLIARI MARATHON CLUB 42' 34"  
11 46 36 ZANDA ANDREA SM40 CA265 ATLETICA ARBUS 44' 15"  
12 48 35 PERALTA ALESSANDRO SM40 CA253 ISOLARUN 44' 24"  
13 90 92 ASTE AGOSTINO SM40 RUNCARD 53' 32"  
14 100 91 MASALA MAURO SM40 OR209 POLISPORTIVA RUNNERS ORISTANC 55' 51"  
23 PAU SAMUELE SM40 CA227 ATLETICA 4 MORI

### SENIOR UOMINI SM45 Mt 9900

1	18	73	PINTUS	GIOVANNI	SM45	SS125	ATLETICA PLOAGHE	39' 33"
2	19	88	SECCHI	FRANCESCO	SM45		RUNCARD	39' 37"
3	25	15	CHESSA	ANGELO	SM45	CA201	ATL EDOARDO SANNA ELMAS	40' 42"
4	26	26	SULIS	SIMONE	SM45	CA238	ATLETICA MINERARIA	40' 46"
5	31	79	PIU	SIMONE	SM45	SS283	RUNFAST SASSARI	41' 26"
6	38	33	MURTAS	CARLETTO	SM45	CA253	ISOLARUN	42' 41"
7	41	61	LORIA	PAOLO	SM45	OR209	POLISPORTIVA RUNNERS ORISTANC	43' 07"
8	44	7	CARA	MARCO	SM45	CA025	G.S. ATLETICA DOLIANOVA	44' 01"
9	47	34	PACINI	ENRICO	SM45	CA253	ISOLARUN	44' 20"
10	51	46	LIVONI	NICOLA	SM45	OR156	AMATORI TERRALBA	44' 55"
11	52	39	CICCHINELLI	ROBERTO	SM45	NU285	MACOMERUNNERS	45' 11"
12	54	58	CONGIU	ROBERTO	SM45	OR209	POLISPORTIVA RUNNERS ORISTANC	45' 19"
13	56	63	POMPIANU	MICHELE	SM45	OR209	POLISPORTIVA RUNNERS ORISTANC	45' 54"
14	61	38	CICCHINELLI	MASSIMO	SM45	NU285	MACOMERUNNERS	47' 17"
15	70	87	SALE	BENIAMINO	SM45		RUNCARD	48' 56"
16	89	71	NIEDDU	GRAZIANO	SM45	SS026	STUDIUM ET STADIUM	53' 26"

### SENIOR UOMINI SM50 Mt 9900

1	5	4	LEOTTA	LUIGI	SM50	CA104	ATL SAN SPERATE	35' 59"
2	14	19	CONGIU	GIANLUCA	SM50	CA211	CAGLIARI MARATHON CLUB	38' 37"
3	24	77	GIUA	STEFANO	SM50	SS217	PODISTICA SASSARI	40' 37"
4	36	59	DETTORI	ALESSANDRO	SM50	OR209	POLISPORTIVA RUNNERS ORISTANC	42' 33"
5	43	31	FOIS	DANILO	SM50	CA253	ISOLARUN	43' 43"
6	55	70	CORDEDDA	SALVATORE	SM50	SS026	STUDIUM ET STADIUM	45' 24"
7	85	84	LAMPUS	ROBERTINO	SM50		CSI	52' 04"
8	99	89	SILESU	VIRGILIO	SM50	OR156	AMATORI TERRALBA	55' 41"
		25	PORTA	ANDREA	SM50	CA230	VILLACIDRO TRIATHLON	

### SENIOR UOMINI SM55 Mt 9900

1	22	10	PIRAS	SANDRO	SM55	CA137	GRUPPO POLISPORTIVO ASSEMINI	40' 27"
2	23	74	SOTGIU	ALBERTO	SM55	SS125	ATLETICA PLOAGHE	40' 31"
3	29	41	COSTELLA	ROBERTO	SM55	OR027	ATL LEGG ARBOREA	41' 08"
4	35	21	PASSETTI	ALBERTO	SM55	CA211	CAGLIARI MARATHON CLUB	42' 05"
5	58	80	MARRAS	CORRADO	SM55	SS284	ACADEMY OLBIA ATLETICA	46' 41"
6	60	62	OBINU	SANDRO	SM55	OR209	POLISPORTIVA RUNNERS ORISTANC	47' 15"
7	64	54	MEDDE	RAFFAELE	SM55	OR178	POL GUILCER TEAM LA CITTA'	47' 23"
8	75	67	PORTA	GIANLUIGI	SM55	OR225	DINAMICA SARDEGNA	49' 30"
9	82	86	SABA	STEFANO	SM55		RUNCARD	51' 01"
10	92	82	FIGUS	CLAUDIO	SM55		CSI	53' 59"
11	97	93	MANCA	DANIELE	SM55	OR172	MARATHON CLUB ORISTANO	55' 34"
12	120	83	GIORDANO	MARCO VINCENZO	SM55		RUNCARD	1h 09' 49"

### SENIOR UOMINI SM60 MT 9900

1	32	24	SPADA	DANILO	SM60	CA227	ATLETICA 4 MORI	41' 28"
2	63	55	PIGA	ANTONIO	SM60	OR178	POL GUILCER TEAM LA CITTA'	47' 22"
3	66	72	OLMETTO	VITTORIO	SM60	SS125	ATLETICA PLOAGHE	48' 11"
4	68	44	ARDU	FELICE	SM60	OR048	GS PIONIERI MARMILLA MOGORO	48' 18"
5	72	14	OLMO	GIANLUIGI	SM60	CA186	ATLETICA PABILLONIS	49' 15"
6	78	68	MELIS	GIULIANO	SM60	PV619	TEMPODISPORT CLUB	50' 14"
7	80	52	PINNA	EZIO	SM60	OR172	MARATHON CLUB ORISTANO	50' 26"
8	93	28	MEDDA	ALESSANDRO	SM60	CA239	CAGLIARI ATLETICA LEGGERA	54' 26"
9	103	27	ARIZIO	ALESSANDRO	SM60	CA239	CAGLIARI ATLETICA LEGGERA	57' 25"
10	114	51	MOREGGIO	CLAUDIO	SM60	OR172	MARATHON CLUB ORISTANO	1h 05' 30"
		47	MOROZZO	ANDREA	SM60	OR156	AMATORI TERRALBA	

### SENIOR UOMINI SM65 Mt 9900

1	39	16	MELIS	MARIO	SM65	CA201	ATL EDOARDO SANNA ELMAS	42' 58"
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2	62	76	PUTZU	LUCIANO	SM65	SS196	GS ATLETICA RUNNERS OSCHIRI	47' 20"
3	83	53	SERRA	GIUSEPPINO	SM65	OR172	MARATHON CLUB ORISTANO	51' 15"
4	102	56	VINCI	SERGIO	SM65	OR178	POL GUILCER TEAM LA CITTA'	56' 51"

### **SENIOR UOMINI SM70 Mt 9900**

1	49	37	NOLIS	NELLO	SM70	MI269	ATL LAMBRO MILANO	44' 33"
2	59	104	AMBUS	FRANCESCO	SM70	CA104	ATL SAN SPERATE	46' 50"
3	65	29	ZANDA	SALVATORE	SM70	CA239	CAGLIARI ATLETICA LEGGERA	47' 27"
4	109	42	MULARGIA	SANDRO	SM70	OR030	SS ATL ORISTANO	1h 01' 54"

### **SENIOR UOMINI SM75 Mt 9900**

1	91	11	SIDDU	GILBERTO	SM75	CA145	ATLETICA VILLAMARESE	53' 45"
2	116	49	ANGIONI	LUCIANO	SM75	OR172	MARATHON CLUB ORISTANO	1h 06' 00"

### **SENIOR UOMINI SM80 Mt 9900**

1	122	6	PORCU	CARLO	SM80	CA012	ATLETICA SELARGIUS	1h 41' 54"
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### **SENIOR DONNE SF35 Mt 4900**

1	8	516	SERRA	ROBERTA	SF35	CA269	AMPA TRAINING	26' 27"
2	10	514	SCANO	ENRICA	SF35	CA269	AMPA TRAINING	27' 19"

### **SENIOR DONNE SF40 Mt 4900**

1	11	518	USELLI	RAFFAELA	SF40	OR178	POL GUILCER TEAM LA CITTA'	28' 07"
2	12	515	SCINTU	ANNA	SF40	CA269	AMPA TRAINING	29' 39"
3	14	512	ATZORI	GIORGIA	SF40	CA269	AMPA TRAINING	36' 59"

### **SENIOR DONNE SF45 Mt 4900**

1	6	513	SABA	GISELLA	SF45	CA269	AMPA TRAINING	23' 01"
2	5	511	SAIU	DONATELLA	SF55	CA201	ATL EDOARDO SANNA ELMAS	21' 58"

### **SENIOR DONNE SF55 Mt 4900**

1	7	517	SCHINTU	STEFANIA	SF55	OR156	AMATORI TERRALBA	26' 20"
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### **ALLIEVI JUNIOR PROMESSE SENIOR UOMINI SM Mt 4900**

1	1	502	MOTZO	GABRIELE	SM	CA253	ISOLARUN	16' 13"
2	3	504	CORTESE	ANDREA	AM	OR156	AMATORI TERRALBA	19' 12"

### **SENIOR UOMINI SM40 Mt 4900**

1	4	506	CICCU	MATTEO	SM40		RUNCARD	21' 22"
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### **SENIOR UOMINI SM45 Mt 4900**

1	2	501	FLORIS	STEFANO	SM45	CA201	ATL EDOARDO SANNA ELMAS	16' 20"
2	9	505	FRAU	MARCO	SM45		CSI	26' 46"

### **SENIOR UOMINI SM70 Mt 4900**

1	13	503	PINTUS	ANTONIO	SM70	OR119	GS ATL BAULADU	33' 01"
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