



atletica
italiana



14th International U18

Mountain Running Cup

Sabato **24 AGOSTO** 2019



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1. GENERAL INFORMATION

ITALY:

Population of about 61 million inhabitants. Capital City: Rome

SUSA:

Located on the convergence of the two roads leading to the mountain passes of Moncenisio and Monginevro, Susa has always been a strategic place to access Valle di Susa.

The city bears witness to the transits of the Romans, the Savoy family, and the pilgrims and merchants traveling along the Via Francigena.

The most important monuments of the Archaeological Park date back to the Roman period: the Arch of Augustus (9-8 BC), the Terme Graziante (IV century AD), the Porta Savoia (III-IV century AD), the Amphitheatre (II century AD).

With the marriage between Countess Adelaide of Susa and Oddone of Savoy (XI century), Susa stands out in importance among the possessions of the Savoy family; noble Savoy families establish there and the city becomes an important commercial center. The castle that still dominates the medieval old town from the hill is named after Adelaide and a typical dessert and the historic Tournament of the villages, which takes place every year in July, are dedicated to her.

The churches testify the numerous religious presences in the city.

The Cathedral of San Giusto (XI century) is flanked by an imposing Romanesque bell tower, the church of San Francesco (XIII century), was a convent and includes two hidden cloisters.

Attached to the "chiesa del Ponte", the Diocesan Museum of Sacred Art, recently re-equipped, displays works of art dating from the sixth to the nineteenth century, belonging to the Treasury of the Cathedral of San Giusto and to the various parishes of the diocese.

OFFICIAL TOWNSHIP WEBSITE: <https://www.comune.susa.to.it>

OFFICIAL LANGUAGE: Italian

Money: Euro

Money exchange: It is possible to change money in Turin Caselle airport or in the bank offices in Susa and in the other villages in Val di Susa.

Electricity specifications: 220V 50 Hz

Telephone code: International country code for Italy: +39

Shop opening hours: Most shops are open from Monday to Saturday, from 8:00 to 12.30 and from 15.30 to 19.30;

Bank opening hours: From Monday to Friday, from 8.10 to 13.00 – from 14.15 to 15.15

2. ORGANISATIONAL STRUCTURE

IAAF

President: Sebastian Coe (GBR)
Cross Country Committee Chairman: Carlos Cardoso (POR)

WMRA COUNCIL

President: Jonathan Wyatt (NZL)
Secretary: Tomo Sarf (SLO)
Treasurer: Nancy Hobbs (USA)
Council Member: Andrzej Puchacz (POL)
Council Member: Wolfgang Münzel (GER)
Council Member: Sarah Rowell (GBR)
Council Member: Giorgio Bianchi (ITA)
Council Member: Sergio Mayayo (ESP)
WMRA Delegate: Jonathan Wyatt (NZL)

The Jury of Appeal will be nominated during the Technical Meeting.

Italian Athletic Federation (FIDAL)

President: Alfio Giomi
General Secretary: Fabio Pagliara

Local Organising Committee

LOC President: Livio Berruti, Olympic Champion
LOC Director: Paolo Germanetto - info@stellinarace.it
Race Director: Augusto Fontan
Venue Coordinator: Tito Tiberti
Accommodation: Gianna Perottino
Transportation: Ferruccio Pognant Viù – Andrea Bologna
Medical Director: Croce Rossa Italiana
Media Director: Myriam Scamangas – press@stellinarace.it
Ceremonies: Elisa Bianco
Accreditation: Patrizia Suppo – Carla Scazzola
Catering – Food and Beverage: Antonio Vommaro
Logistics: Dario Bianco – Umberto Pelissero – Pier Carlo Pelissero
Team attaché coordinator: Cristina Perotto - Alessia Scaini

3. ARRIVALS

Arrival by Air

The official airport is Turin - Caselle Airport (TRN), which is situated 66 km from Susa. Upon arrival at the airport, the teams will be met by volunteers. After collecting the luggage, team members will be escorted to the official buses and taken to Susa, approximately 50' drive from the airport.

Arrival by train

Transfers can also be organized or guided from the main train station in Susa, which is at walking distance from the city center and the accommodation sites provided.

Arrival by road

From Turin, take Highway A32/E70 direction “Bardonecchia/T4/Frejus/Del Moncenisio”, until Exit no. 6 “Susa Est”.

Teams arriving by car or bus are kindly asked to go directly to Susa, to the office point where representatives from the LOC will welcome them.

Visa Requirements

Countries not needing a visa:

ALB, AND, AUS, AUT, BEL, BUL, CAN, COL, CRO, CZE, DEN, ESP, FRA, GBR, GER, HUN, IRL, ISR, JPN, LIE, MEX, MKD, MLT, MON, NED, NOR, NZL, POL, POR, ROU, SLO, SMR, SRB, SUI, SVK, SWE, USA

Countries that need a visa and have Italian embassy in the country:

AFG, AIA, ALG, ANG, ARM, AZE, BAN, BER, BHU, BLR, BOL, BRN, CAY, CGO, CHN, CIV, CMR, COD, CPV, CUB, DOM, ECU, EGY, ERI, ETH, GAB, GEO, GHA, GUM, JAM, JOR, IND, INA, IRI, IRQ, KAZ, KEN, KGZ, KOR, KOS, KSA, KUW, LIB, LBA, MAD, MAR, MHL, MYA, MOZ, NAM, NRU, NGR, OMA, PAK, PER, PHI, PLE, PRK, QAT, RSA, SEN, SUD, SSD, SYR, SRI, TAN, THA, TPE, TUN, TUR, TUV, UGA, UKR, UZB, VIE, YEM, ZAM, ZIM.

Countries requiring visas to enter Italy should obtain them from the Italian Embassy or Consulate in their country. If these federations need support to get their visas, they should contact FIDAL at mauro.decarli@fidal.it giving the names of the people, their first name, date of birth, sex, passport number (and expiry date). Holders of Schengen valid multiple entry visas can freely enter Italy without an additional Italian visa.

4. ACCREDITATION

General

The Accreditation Centre will be located in Susa Castle, the office is accessible through the entrance by the Arch of Augustus.

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Photos are not required for the accreditation card system.

Accreditation Procedure

Accreditation cards will be prepared in advance, based on the information provided by the participating federation in the final entries. The Team Leader will be responsible for collecting the accreditation cards of all team members upon arrival. Team Leaders are requested to take the athletes' passports or IDs to the Accreditation Centre in order to allow verification of the participants' age and nationality.

Access Areas for Teams

All team accreditation cards will allow access to the warm-up area, changing facilities and shuttle bus service. Only athletes who are directly involved in the competition will have access to the call room and to the course. Separate cards will be issued for the Team Leaders, for access to the information available in the Technical Information Centre (TIC).

Loss of Accreditation

Any lost or damaged accreditation card should be reported to LOC or to the Accreditation Centre. Duplicate cards can be obtained where proof of identity can be established.

5. ACCOMMODATION

General information

All teams will be accommodated in the following Hotels in Susa City Center:

Hotel Napoleon

Via Mazzini, 44 - 10059 Susa (To)

www.hotelnapoleon.it

B&B Du Park

Via Rocchetta, 15 - 10059 Susa (To)

www.bedduparc.com

Casa per ferie Centro Beato Rosaz

Via Madonna delle Grazie, 4 - 10059 Susa (To)

www.hrs.com/it/hotel/casa-per-ferie-centro-beato-rosaz/a-692307

Casa per Ferie San Francesco

P.zza San Francesco, 3 - 10059 Susa (To)

www.sanfrancescosusa.it

Costs and WMRA Quota

The LOC is covering the costs of 3 nights (4 nights if the flight exceeds 4 hours) full board accommodation for one team in each category and for one official from each country having up to 3 competitors in the delegation, two officials from each country having 4 or more competitors in the delegation.

For additional team members, for eventual second teams and for additional days, the following rates apply

Full board	Single room	Double room
Quota athletes and officials Boys: 3 runners for Team Girls: 3 runners for Team Staff: 1 official for delegation of 3 runners or less, 2 official for delegation of 4 runners or more	Covered by LOC	
A-type Accommodation Athletes and officials outside the quota. Additional nights.	80 EUR	70 EUR
B-type Accommodation Athletes and officials outside the quota. Additional nights.	70 EUR	60 EUR

Note: Prices are set per person/per night with full board accommodation; VAT included.

All participants should be listed in the Final Entry form in order to secure proper accommodation for everyone. The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for any subsequent reduction in the actual numbers of athletes and/or officials.

Payment Procedures

An invoice will be sent to each Federation detailing the amount they owe based on their final entries. Federations can make an advance payment in EUR by bank transfer to the following account:

Beneficiary: Atletica Susa
Address: Corso Unione Sovietica 8 - 10059 Susa
Bank: Intesa Sanpaolo
Bank address: Agenzia Susa, C.so Inghilterra 2 - 10059 Susa (To)
IBAN: IT89T0306909606100000115343
BIC / SWIFT: BCITITMM

Note: A copy of the bank transfer will be required on arrival. The payment of the balance must be paid on-site by the Team Leader upon arrival at the Accreditation Centre. Payment can be made by credit card or by cash in Euros.

The team leader must settle any extra charges (bar, laundry, telephone, etc.) at the Hotel reception desk, before departure. The team leader may be requested to provide a credit card at the time of checking in at the Hotel reception desk, to cover any extras. These payments must be made in Euro.

Travel Support

WMRA provides travel grant for the participating teams: 100€ per scoring runner for the European teams and 200€ per scoring runner for the non-European teams. The travel grants will be provided only to the teams that sent the FEF on time.

Meals

The breakfast will be served in each hotel, the lunch and dinner instead will be served in the "Salone Monsignor Rosaz" - P.zza Oddone / Susa (walking distance from hotels).

The restaurant opening times are:

Breakfast 07:00 – 09:00

Lunch 12:30 – 14:00

Dinner 19:00 – 20:30

Bottled water will be available to team members free of charge in the Village Bar/Restaurant.

All other drinks have to be paid for.

6. TRANSPORT

All places, logistical points (including accreditation centre, info point and train station) and race venue are at walking distance.

Departures

Return to Airport: Transport will be arranged according to the flight/train schedules submitted by the teams. Further information will be available at the Info Point.

7. TECHNICAL INFORMATION

The course

The 14th WMRA International Under 18 Mountain Running Cup will be disputed on an uphill/down-hill course in the village.

The course is held mainly on two loops of 1700m, plus a 700m starting loop and a final stretch.

Start and Finish line are at the same place.

The running terrain is mainly dirt road and grass, with a small section of asphalt.

The distances and amounts of ascent/descent per race are as follows:

Category	Distance	Ascent/Descent
<i>Girls</i>	4100m	+/- 180m
<i>Boys</i>	4100m	+/- 180m

Technical Information Centre (TIC) and Info Point

The main function of the Technical Information Centre (TIC) is to ensure smooth communication between the Team Leaders, the LOC, the WMRA Delegate and the Competition Management regarding technical matters, such as handing out the results and collecting protest forms.

The TIC will be located in the Susa Castle; the office is accessible through the entrance by the Arch of Augustus. and will be open on Saturday 24th August 2019, from 15:30 to 19:30.

The Info Point will be located in the same area.

Qualified LOC staff will be available to help.

Technical Meeting

The Technical Meeting will be held on Saturday, 24th August 2019 at 11:00 in Hotel Napoleon.

Each team may be represented by a maximum of 2 (two) team delegates and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting. All questions related to the Technical Meeting must be presented in writing, preferably in English, at the Accreditation Centre on 23rd August, before 16:00. The Technical Meeting will be held in English.

The preliminary agenda of the Technical Meeting includes:

- Welcome by the President of the Organizing Committee
- Welcome by the WMRA President
- Presentation of the Jury of Appeal members
- Presentation of the Competition Officials
- Presentation of the competition and warm-up venues
- Ceremonies and Closing Party
- Answering of questions submitted in writing by federations

Course inspection

Athletes and team members will have free access to the competition venue and race course for training in the days before the competition.

The course will be fully marked and accessible on Friday 23rd August 2019 between 9:30 and 11:30.

8. COMPETITION REGULATIONS

Entries

Every WMRA Member may enter one (1) team for each event. A team can be composed of 4 (four) athletes, the best three of them scoring. A Federation could enter up to 5 boys and 5 girls (including one reserve).

Only the host nation is permitted to enter a second team.

The competition is limited to athletes born in 2002 and 2003. No athletes aged less than 16 or more than 17 years on 31 December 2019 can compete.

Although the WMRA International Under 18 Mountain Running Cup is basically a team competition, individual entries may be accepted.

Entries Deadlines

The Preliminary and Final Entries should be made by WMRA member federations using the respective forms duly sent by email.

Deadline for the Preliminary Entries: 24th June 2019
Deadline for the Final Entries: 12th August 2019

Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. These forms must be completed and returned immediately or no later than 16:00 on Friday 23rd August 2019. Final start lists will be ready for collection together with the bibs after the Technical Meeting.

Scoring

Each race shall be scored separately. Each team's score shall be determined by the aggregate of the places of its 3 (three) athletes. Teams shall be classified according to their scores, the team in each race having the lowest score being the winner, and so on. A tie shall be decided in favor of the team whose last scoring athlete finishes nearest to first place. A team with fewer than 3 (three) finishing athletes shall not be counted in the teams' classification. No adjustments to teams' places shall be made in respect of non-scoring team members or athletes participating as individuals.

Competition Bibs

Each competitor receives 2 competition bibs. The bibs shall be worn according to IAAF Rule 143. The competition bibs may not be cut, bent or covered in any way. The competition bibs will be distributed immediately after the Technical Meeting.

Competition Clothing

Competitors must wear the Federation's official team clothing. IAAF Rule 8 & 143 will be strictly applied. Please make sure to follow the latest version of the IAAF Advertising Regulations in force at the time of the event. Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed or taped at the Call Room. Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete. This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

9. COMPETITION PROCEDURE

Timetable

The competition timetable will be as follows:

Start time

17.30 Start Girls (Under 18)

18.15 Start Boys (Under 18)

Warming Up Before Events

Warming up will take place around the start/finish area. At the end of the warm up the athletes shall prepare for the race and will put the removed clothing in dedicated bags identified with the respective country code name (one for each Federation). These will be collected after the race.

Call Room Procedures

It is the responsibility of the Team leaders to ensure that their athletes are aware of the last check-in times for entry to the Call Room. Athletes arriving late may be excluded from participation in the

event. All athletes must report to the Call Room starting 20 minutes before their respective event, but no later than 10 minutes before the start. The following checks will be carried out on equipment that must comply with IAAF Advertising and Competition Rules:

- Competition clothing
- Bags
- Those non-authorised equipments (radio, walkman, mobile phone, etc) are not to be brought infield.

Starter Commands

All instructions will be given in English. The command is: "On your marks!" followed by a shot from the starter's gun.

Refreshment Stations

There will be two Refreshment Stations with water and sponges located slightly after the start/finish line. Water, fruits and small snacks will be also available in the post event area. Personal refreshment may be handed over to athletes by coaches or other team members on the official Refreshment Stations only. An athlete who collects refreshment from a place other than the refreshment stations renders himself liable to disqualification by the Referee.

Protests and Appeals

Protests will be processed in accordance with IAAF Rule 146. In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board). Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee. When submitting an appeal form, a deposit of 100 Euro must be paid. If the protest is unsuccessful, the deposit will not be returned. The Jury's decision will be provided in writing at the TIC.

10. MEDICAL SERVICES AND ANTIDOPING

The LOC is providing medical assistance to teams, the competition organization, the personnel, the honorary guests as well as, during the competition, to the spectators. A medical tent with first aid team will be operating close to the finish line.

Doping tests may be carried out, according to the IAAF rules and Regulations and under the supervision of the WMRA Delegate.

11. SECURITY

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another. The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC information desk. The emergency phone number is 112 (police, ambulance and fire department).

If necessary, the police can be contacted via the TIC or the Information Desk in the Team Village.

12. CEREMONIES AND PROTOCOL

Opening Ceremony

The Opening Ceremony will take place at 21:00 on Friday 23rd August in Piazza San Giusto, Susa.

Flower Ceremonies

The Flower Ceremonies for the individual winners will take place immediately after the finish of each race near the finish line.

Award & Closing Ceremonies

The Award & Closing Ceremonies will take place on Saturday 24th August at 21:00 in the P.zza del Sole, Susa. Individual and team winners will be awarded. Athletes must wear the official team clothing for the ceremonies. A short Closing Ceremony will follow immediately after the awards and will consist of WMRA flag handover to the next host of the WMRA International Under 18 Mountain Running Cup.

Final Party

The Final Party will take place after the end of the ceremonies. Everyone with accreditation or an invitation is welcome to attend. The lunch will be served before the ceremonies in "Salone Mons. Rosaz" - P.zza Oddone, Susa.

13. DEPARTURE

Teams will be asked to provide full travel details on the entry system. The Team Leader must indicate to the LOC any change in the departure form. Teams will also receive a departure form, which should be completed and returned to the Accreditation Centre or to the Information Desk in the hotel at least 48 hours before departure, especially if there are any changes to the previously confirmed details.

Departure times of the shuttle buses from the hotel will be provided and displayed at the Information Board. All outstanding fees, charges and possible other expenses must be settled before departure.

14. CONTACT DETAILS

For further details about the WMRA International Under 18 Mountain Running Cup please contact: (General inquiries) info@stellinarace.it - (Paolo Germanetto - LOC Director) paoliger@gmail.com

15. GENERAL PROGRAMME

Thursday 22nd August 2019

All day Arrivals of National Teams

Friday 23rd August 2019

21:00 Opening Ceremony in Piazza san Giusto, Susa

Saturday 24th August 2019

31° MEMORIAL PARTIGIANI STELLINA – 14th International U18 Mountain Running Cup

11.00 Technical Meeting at Hotel Napoleon

16.00 National Open Races U16

17.30 Start Girls (Under 18)

18.15 Start Boys (Under 18)

21.00 Award ceremony and final party in Piazza del Sole, Susa

Sunday 25th August 2019

Morning Partisan commemoration of Grange Sevine, official greetings, Holy Mass

All national Teams are invited to be involved in the ceremony at Costa Rossa (This is the historic Challenge Stellina race area, at 2000 m. with fantastic views over the Italian Mountains). Includes ceremony, lunch together and return by bus.

Afternoon Departures of National Teams

16. COMPETITION TIMETABLE

Saturday 24th August 2019

16.00 National Open Races U16

17.30 Start Girls (Under 18)

18.15 Start Boys (Under 18)

17. COURSE & PROFILE

Two loops - Distance : 4.100,00 m - Ascent/Descent: +/- 180 m

