Comitato Regionale Sardo

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XXXIX° EDIZIONE MARCIALONGA TERRALBESE
ORGANIZZAZIONE: AMATORI TERRALBA
TERRALBA: 6 SETTEMBRE 2025

JUNIOR PROMESSE SENIOR DONNE SF Mt 13300

1	34	252	IBBA	MARTA	SF	SS112	ATLETICA BUDDUSO'	56' 50"
2	69	226	MUSCENTE	DANIELA	PF	CA001	C.U.S. CAGLIARI	1h 03' 30"
3	74	227	NAZAROV	VALENTINA	SF	CA032	AS TESPIENSE QUARTU	1h 05' 08"
4	107	230	ARIU	MARIA VALERIE	SF	CA137	GRUPPO POLISPORTIVO ASSEMI	1h 12' 36"
5	124	228	VOLPETTI	LORENZA	SF	CA033	ATL CORTOGHIANA	1h 20' 13"

SENIOR DONNE SF35 Mt 13300

1	43	223	PILIA	GIORGIA	SF35	CA253	ISOLARUN	58' 13"
2	130	224	MEDDA	ELISABETTA	SF35	CA239	CAGLIARI ATLETICA LEGGERA	1h 27' 34"

SENIOR DONNE SF40 Mt 13300

1	56	240	VACCA	ANNA	SF40	CA265	ATLETICA ARBUS	1h 00' 19"
2	104	257	ONIDA	SILVIA	SF40		RUNCARD	1h 12' 07"

SENIOR DONNE SF45 Mt 13300

1	82	242	PIU	ELISA	SF45	NU052	CS FIAMMA MACOMER	1h 06' 35"
2	86	229	SUCCA	SONIA	SF45	CA104	ATL SAN SPERATE	1h 07' 22"
3	92	239	FIORI	ARIANNA	SF45	CA253	ISOLARUN	1h 09' 01"

SENIOR DONNE SF50 Mt 13300

1	60	225	CANTARA	LEONARDA	SF50	SS284	ACADEMY OLBIA ATLETICA	1h 01' 33"
2	65	258	PASSERO	PATRIZIA	SF50		RUNCARD	1h 02' 43"
3	70	256	MASSA	ANNALISA	SF50		RUNCARD	1h 03' 41"
4	122	231	LAI	MARIA GRAZIELLA	SF50	CA198	ASD OLYMPIA VILLACIDRO	1h 20' 08"
5	123	232	PIRAS	ALEXANDRA	SF50	CA198	ASD OLYMPIA VILLACIDRO	1h 20' 11"
6	133	247	PISCHEDDA	PATRIZIA	SF50	OR178	POL GUILCER TEAM LA CITTA'	1h 30' 03"
7	138	235	FARIGU	LUCIA	SF50	CA201	ATL EDOARDO SANNA ELMAS	1h 47' 59"

SENIOR DONNE SF55 Mt 13300

1	32	222	FERRU	ROBERTA	SF55	CA239	CAGLIARI ATLETICA LEGGERA	56' 30"
2	75	255	CUCCU	MARIA CARMEN	SF55	TR052	ATHLETIC AMELIA	1h 05' 17"
3	97	249	ZANDA	ANNA RITA	SF55	OR225	DINAMICA SARDEGNA	1h 10' 36"
4	117	248	MASCIA	FRANCESCA	SF55	OR209	POLISPORTIVA RUNNERS ORIST/	1h 17' 10"
5	132	234	CUGIS	SANDRA	SF55	CA201	ATL EDOARDO SANNA ELMAS	1h 29' 55"
6	135	244	BIOLLA	DANIELA	SF55	OR156	AMATORI TERRALBA	1h 31' 21"
7	137	233	ARGIOLAS	CATERINA	SF55	CA201	ATL EDOARDO SANNA ELMAS	1h 38' 45"
		221	SONEDDA	CRISTINA	SF55	CA201	ATL EDOARDO SANNA ELMAS	

SENIOR DONNE SF60 Mt 13300

1	101	251	RUZZETTU	ANNA MARIA	SF60	SS064	CCRS SORSO	1h 11' 27"
2	112	245	FENU	MARIA	SF60	OR156	AMATORI TERRALBA	1h 14' 35"
3	118	253	BIDDAU	MARIA	SF60	SS125	ATLETICA PLOAGHE	1h 17' 16"
4	121	237	NIOI	MARIA GABRIELLA	SF60	CA239	CAGLIARI ATLETICA LEGGERA	1h 19' 53"
5	126	238	TAGLIAFIERRO	GIOVANNA	SF60	CA239	CAGLIARI ATLETICA LEGGERA	1h 21' 33"
6	134	246	MADEDDU	ILEANA	SF60	OR178	POL GUILCER TEAM LA CITTA'	1h 30' 03"
		250	ANGIONI	PATRIZIA	SF60	SS026	STUDIUM ET STADIUM	

SENIOR DONNE SF65 Mt 13300

		254	CASTELLACCIO	ALESSANDRA	SF65	SS125	ATLETICA PLOAGHE	

SENIOR DONNE SF70 Mt 13300

1	119	243	MOREGGIO	MARISA	SF70	OR027	ATL LEGG ARBOREA	1h 18' 05"
2	129	236	MEDDA	ROSANNA	SF70	CA201	ATL EDOARDO SANNA ELMAS	1h 27' 04"

JUNIOR PROMESSE SENIOR UOMINI SM Mt 13300

1	2	1	SPANU	RICCARDO	PM	CA253	ISOLARUN	47' 40"
2	9	5	CICALO'	STEFANO	SM	NU053	POL GONONE DORGALI	50' 36"
3	19	76	MANCA	STEFANO	SM	OR209	POLISPORTIVA RUNNERS ORISTANO	54' 08"
4	64	78	SERRA	MARCO	SM	OR209	POLISPORTIVA RUNNERS ORIST.	1h 02' 39"
5	105	14	ANGEI	FABIO	SM	CA056	ATL POD SAN GAVINO	1h 12' 15"
6	125	83	BUTTAU	ROBERTO	SM	SS173	SOC ATL TEMPIO PAUSANIA	1h 21' 09"
		95	CAMPANARO	MATTIA	SM		RUNCARD	

SENIOR UOMINI SM35 Mt 13300

1	1	13	MURA	GIUSEPPE	SM35	CA036	POL LIBERTAS CAMPIDANO	45' 28"
2	4	209	CUCCU	MICHELE	SM35	CA250	MARATHON PORTOSCUSO	48' 32"
3	5	2	CONCAS	CHRISTIAN	SM35	CA211	CAGLIARI MARATHON CLUB	48' 46"
4	7	210	CONCU	MATTEO	SM35	CA211	CAGLIARI MARATHON CLUB	50' 19"
5	8	23	SERRA	FABIANO	SM35	CA201	ATL EDOARDO SANNA ELMAS	50' 24"
6	11	87	CANU	ANGELO	SM35	SS217	PODISTICA SASSARI	50' 58"
7	12	74	LEO	ANDREA	SM35	OR209	POLISPORTIVA RUNNERS ORISTANO	51' 22"
8	14	42	MELONI	GIUSEPPE	SM35	CA286	RUN TO BE WILD	51' 46"
9	36	16	MAMUSA	MICHELE	SM35	CA056	ATL POD SAN GAVINO	57' 04"
10	44	52	DESSI	FABRIZIO	SM35	OR156	AMATORI TERRALBA	58' 17"
11	96	44	AVELLINO	MICHAEL	SM35	NU147	CIRC SPORT DIL ATL AMATORI	1h 10' 18"
12	109	205	SCANU	PAOLO	SM35		RUNCARD	1h 13' 55"
		100	MADAU	DANIELE	SM35		RUNCARD	
		202	PISU	MARCO	SM35		RUNCARD	

SENIOR UOMINI SM40 Mt 13300

1	15	211	CONTU	STEFANO	SM40	CA186	ATLETICA PABILLONIS	52' 08"
2	48	96	CASALESE	ANDREA	SM40		RUNCARD	58' 59"
3	54	36	VARGIU	VALENTINO	SM40	CA253	ISOLARUN	1h 00' 06"
4	55	38	ZANDA	ANDREA	SM40	CA265	ATLETICA ARBUS	1h 00' 14"
5	57	212	SANNA	DOMENICO	SM40	OR030	SS ATL ORISTANO	1h 00' 45"
6	62	206	STOCCORO	GIAMPIERO	SM40		RUNCARD	1h 02' 20"
7	87	201	MATTINA	ALESSANDRO	SM40		RUNCARD	1h 07' 39"
8	114	9	PEDDITZI	ALESSIO	SM40	CA025	G.S. ATLETICA DOLIANOVA	1h 14' 57"
		82	SATTA	COSIMO	SM40	SS125	ATLETICA PLOAGHE	
		207	URAS	FERDINANDO	SM40		RUNCARD	

SENIOR UOMINI SM45 Mt 13300

1	3	3	PINNA	FRANCESCO	SM45	CA017	US ATL GUSPINI	47' 58"

2	17	43	SALARIS	FABIO	SM45	NU052	CS FIAMMA MACOMER	53' 29"
3	23	92	PIU	SIMONE	SM45	SS283	RUNFAST SASSARI	55' 03"
4	28	32	SULIS	SIMONE	SM45	CA238	ATLETICA MINERARIA	55' 42"
5	31	54	LIVONI	NICOLA	SM45	OR156	AMATORI TERRALBA	56' 10"
6	35	88	PASSERO'	MARCO	SM45	SS217	PODISTICA SASSARI	56' 53"
7	37	51	CARTA	PAOLO	SM45	OR156	AMATORI TERRALBA	57' 08"
8	39	35	MURTAS	CARLETTO	SM45	CA253	ISOLARUN	57' 32"
9	41	17	VINCI	DOMENICO	SM45	CA056	ATL POD SAN GAVINO	57' 43"
10	46	26	MURRU	ETTORE	SM45	CA211	CAGLIARI MARATHON CLUB	58' 38"
11	49	68	CONGIU	ROBERTO	SM45	OR209	POLISPORTIVA RUNNERS ORISTANO	59' 00"
12	52	70	CUSCUSA	ALESSIO	SM45	OR209	POLISPORTIVA RUNNERS ORISTANO	59' 34"
13	68	77	POMPIANU	MICHELE	SM45	OR209	POLISPORTIVA RUNNERS ORIST	1h 03' 13"
14	77	73	GARAU	VALERIO	SM45	OR209	POLISPORTIVA RUNNERS ORIST	1h 05' 26"
15	84	37	PANI	ALESSANDRO	SM45	CA265	ATLETICA ARBUS	1h 07' 03"

SENIOR UOMINI SM50 Mt 13300

1	6	33	COCCO	GIUSEPPE	SM50	CA239	CAGLIARI ATLETICA LEGGERA	49' 46"
2	10	4	LEOTTA	LUIGI	SM50	CA201	ATL EDOARDO SANNA ELMAS	50' 42"
3	16	7	VACCA	DAMIANO	SM50	CA017	US ATL GUSPINI	53' 22"
4	20	67	CARIA	MASSIMILIANO	SM50	OR209	POLISPORTIVA RUNNERS ORISTANO	54' 34"
5	21	8	CARA	MARCO	SM50	CA025	G.S. ATLETICA DOLIANOVA	54' 50"
6	22	24	ANEDDA	GIOVANNI	SM50	CA211	CAGLIARI MARATHON CLUB	55' 02"
7	26	41	SIDDU	STEFANO	SM50	CA269	AMPA TRAINING	55' 35"
8	29	64	MURROCCU	MARIO	SM50	OR178	POL GUILCER TEAM LA CITTA'	55' 44"
9	30	66	SOLINAS	SALVATORE	SM50	OR178	POL GUILCER TEAM LA CITTA'	56' 09"
10	33	53	LAMPIS	OMAR	SM50	OR156	AMATORI TERRALBA	56' 45"
11	40	71	DETTORI	ALESSANDRO	SM50	OR209	POLISPORTIVA RUNNERS ORISTANO	57' 41"
12	47	6	MASCIA	CORRADO	SM50	CA012	ATLETICA SELARGIUS	58' 56"
13	50	75	LORIA	PAOLO	SM50	OR209	POLISPORTIVA RUNNERS ORISTANO	59' 00"
14	59	56	PUTZOLU	FABRIZIO	SM50	OR156	AMATORI TERRALBA	1h 01' 32"
15	81	69	COSSU	FABRIZIO	SM50	OR209	POLISPORTIVA RUNNERS ORIST	1h 06' 25"
16	85	94	BIOLLA	GIANLUCA	SM50		RUNCARD	1h 07' 12"
17	116	99	GAGLIOTTA	FRANCO	SM50		RUNCARD	1h 16' 50"
		97	FAEDDA	MASSIMO	SM50		RUNCARD	

SENIOR UOMINI SM55 Mt 13300

1	13	25	ATZENI	ALVIERO	SM55	CA211	CAGLIARI MARATHON CLUB	51' 43"
2	18	61	IORIO	ANTONIO	SM55	OR178	POL GUILCER TEAM LA CITTA'	53' 58"
3	25	30	ECCA	DAVIDE	SM55	CA230	VILLACIDRO TRIATHLON	55' 35"
4	27	31	PORTA	ANDREA	SM55	CA230	VILLACIDRO TRIATHLON	55' 36"
5	38	98	FRAU	LUCA	SM55		RUNCARD	57' 16"
6	53	12	SALIS	ALBANO	SM55	CA033	ATL CORTOGHIANA	59' 44"
7	61	46	STEFANOPOLI	PIER PAOLO	SM55	NU147	CIRC SPORT DIL ATL AMATORI	1h 02' 01"
8	71	47	MILAN	MATTEO	SM55	OR027	ATL LEGG ARBOREA	1h 04' 13"
9	76	93	COGLIANDRO	ALESSANDRO	SM55	TR052	ATHLETIC AMELIA	1h 05' 19"
10	79	63	MEDDE	RAFFAELE	SM55	OR178	POL GUILCER TEAM LA CITTA'	1h 05' 51"
11	80	27	GUISO	SERGIO	SM55	CA216	ATLETICA PULA	1h 06' 07"
12	90	204	SABA	STEFANO	SM55		RUNCARD	1h 08' 01"
13	94	45	FADDA	ALBERTO	SM55	NU147	CIRC SPORT DIL ATL AMATORI	1h 10' 09"
14	95	208	LODDO	PATRIZIO	SM55	OR225	DINAMICA SARDEGNA	1h 10' 15"
15	102	28	MELIS	ANDREA	SM55	CA216	ATLETICA PULA	1h 11' 38"
16	128	50	ERDAS	ROBERTO	SM55	OR119	GS ATL BAULADU	1h 23' 42"

SENIOR UOMINI SM60 Mt 13300

1	24	72	FIORI	STEFANO	SM60	OR209	POLISPORTIVA RUNNERS ORISTANO	55' 12"
2	45	39	MUSCAS	MAURO	SM60	CA267	ATLETICA SINNAI	58' 34"
3	51	22	MULAS	GIUSEPPE	SM60	CA201	ATL EDOARDO SANNA ELMAS	59' 01"
4	73	65	PIGA	ANTONIO	SM60	OR178	POL GUILCER TEAM LA CITTA'	1h 04' 57"

5	89	91	PITTALIS	SANDRO	SM60	SS283	RUNFAST SASSARI	1h 07' 54"
6	91	89	ACHENE	LUIGI	SM60	SS257	SOS IDDANOESOS	1h 08' 44"
7	93	40	MATTA	FEDERICO	SM60	CA269	AMPA TRAINING	1h 09' 48"
8	98	62	MANCOSU	SALVATORE	SM60	OR178	POL GUILCER TEAM LA CITTA'	1h 10' 54"
9	99	79	MELIS	GIULIANO	SM60	PV619	TEMPODISPORT CLUB	1h 11' 01"
10	108	90	PIGO'	ROBERTO	SM60	SS257	SOS IDDANOESOS	1h 13' 55"
11	113	86	CABRAS	NICOLO	SM60	SS217	PODISTICA SASSARI	1h 14' 39"
12	115	18	LOCHE	DAVIDE	SM60	CA083	A.S.D. POLISPORTIVA UTA 2000	1h 16' 15"
		59	ORRU'	FRANCESCO	SM60	OR172	MARATHON CLUB ORISTANO	

SENIOR UOMINI SM65 Mt 13300

1	42	21	MELIS	MARIO	SM65	CA201	ATL EDOARDO SANNA ELMAS	57' 49"
2	58	29	URAS	PIETRO	SM65	CA227	ATLETICA 4 MORI	1h 00' 59"
3	63	55	LOI	CARLO DOADI	SM65	OR156	AMATORI TERRALBA	1h 02' 28"
4	66	49	ARDU	FELICE	SM65	OR048	GS PIONIERI MARMILLA MOGORC	1h 02' 49"
5	67	81	OLMETTO	VITTORIO	SM65	SS125	ATLETICA PLOAGHE	1h 03' 08"
6	78	84	BUTTAU	WALTER	SM65	SS173	SOC ATL TEMPIO PAUSANIA	1h 05' 49"
7	83	203	PUTZU	ANTONIO	SM65		RUNCARD	1h 07' 02"
8	103	60	SERRA	GIUSEPPINO	SM65	OR172	MARATHON CLUB ORISTANO	1h 11' 48"
9	106	15	ANGEI	ADRIANO	SM65	CA056	ATL POD SAN GAVINO	1h 12' 15"
10	110	11	MELIS	BRUNO	SM65	CA033	ATL CORTOGHIANA	1h 14' 02"
11	111	20	MEDAS	TIZIANO	SM65	CA201	ATL EDOARDO SANNA ELMAS	1h 14' 25"
12	120	34	MEDDA	ALESSANDRO	SM65	CA239	CAGLIARI ATLETICA LEGGERA	1h 18' 27"
13	127	10	DI BENEDETTO	ENNIO	SM65	CA033	ATL CORTOGHIANA	1h 21' 55"

SENIOR UOMINI SM70 Mt 13300

1	72	48	NUVOLI	LUIGI	SM70	OR027	ATL LEGG ARBOREA	1h 04' 46"
2	88	19	AMBUS	FRANCESCO	SM70	CA104	ATL SAN SPERATE	1h 07' 48"
3	136	57	TETTI	UGO	SM70	OR162	ATL MONTE ARCI MARRUBIU	1h 33' 30"

SENIOR UOMINI SM75 Mt 13300

1	100	80	RIBICHESU	AMEDEO	SM75	SS026	STUDIUM ET STADIUM	1h 11' 23"
2	131	58	ANGIONI	LUCIANO	SM75	OR172	MARATHON CLUB ORISTANO	1h 29' 13"
3	139	85	CONCAS	PALMIRO	SM75	SS208	ALGHERO MARATHON	1h 49' 57"

SENIOR DONNE SF35 Mt 5100
ALLIEVE JUNIOR PROMESSE SENIOR DONNE SF Mt 5100

1	8	631	SPAZZAFUMO	ELISA	SF	CA201	ATL EDOARDO SANNA ELMAS	18' 11"
2	10	634	DESOGUS	DANIELA	SF	CA036	POL LIBERTAS CAMPIDANO	20' 42"
		645	MARGANO	ELEONORA ANGELA	SF		RUNCARD	

SENIOR DONNE SF35 Mt 5100

1	13	632	MATTA	AMBRA	SF35	CA001	C.U.S. CAGLIARI	21' 15"
2	37	643	CALLEGARI	MARTINA	SF35	OR209	POLISPORTIVA RUNNERS ORISTANO	40' 34"

SENIOR DONNE SF40 Mt 5100

1	15	633	ENNAS	ALESSANDRA	SF40	CA056	ATL POD SAN GAVINO	22' 04"
2	24	639	PINTUS	CINZIA	SF40	CA269	AMPA TRAINING	25' 18"
3	29	635	CADEDDU	GIORGIA	SF40	CA056	ATL POD SAN GAVINO	26' 54"
4	31	644	MANNU	GRAZIA	SF40	SS283	RUNFAST SASSARI	27' 56"

SENIOR DONNE SF45 Mt 5100

1	17	641	PUSCEDDU	SILVIA	SF45	CA269	AMPA TRAINING	23' 51"
2	22	638	CUCCU	FRANCESCA	SF45	CA253	ISOLARUN	24' 53"
3	33	636	CORRO'	ROBERTA	SF45	CA056	ATL POD SAN GAVINO	29' 30"

SENIOR DONNE SF50 Mt 5100

1	26	640	DAMETTO	VANESSA	SF50	OR027	ATL LEGG ARBOREA	26' 23"

SENIOR DONNE SF370 Mt 5100

1	34	642	SANNA	GIUSEPPINA	SF70	OR178	POL GUILCER TEAM LA CITTA'	31' 32"

ALLIEVI JUNIOR PROMESSE SENIOR UOMINI SM Mt 5100

1	1	601	LAGANA	MARIO	SM	CA201	ATL EDOARDO SANNA ELMAS	15' 54"
2	2	622	SCHIRRU	DANIELE	JM	CA201	ATL EDOARDO SANNA ELMAS	16' 23"
3	3	603	MURA	ALESSANDRO	AM	CA201	ATL EDOARDO SANNA ELMAS	16' 40"
4	4	606	ASUNI	MARCO	SM	CA036	POL LIBERTAS CAMPIDANO	16' 48"
5	5	604	FLORIS	NICOLA	SM	CA001	C.U.S. CAGLIARI	17' 29"
6	6	623	CORTESE	ANDREA	JM	OR156	AMATORI TERRALBA	17' 38"
7	14	621	FRIGATO	FABIO	SM		RUNCARD	21' 41"

SENIOR UOMINI SM35 Mt 5100

1	9	612	CONCAS	STEFANO	SM35	CA265	ATLETICA ARBUS	18' 15"
2	11	608	FRONGIA	STEFANO	SM35	CA056	ATL POD SAN GAVINO	21' 07"

SENIOR UOMINI SM40 Mt 5100

1	7	609	COCCO	ANDREA	SM40	CA201	ATL EDOARDO SANNA ELMAS	17' 46"
2	19	617	PALA	MASSIMILIANO	SM40	OR162	ATL MONTE ARCI MARRUBIU	24' 13"
3	23	624	MASALA	MAURO	SM40	OR172	MARATHON CLUB ORISTANO	24' 54"

SENIOR UOMINI SM45 Mt 5100

1	25	620	FRAU	MARCO	SM45		RUNCARD	25' 56"

SENIOR UOMINI SM50 Mt 5100

1	21	626	FRANZESE	GIUSEPPE	SM50	SS284	ACADEMY OLBIA ATLETICA	24' 48"

SENIOR UOMINI SM55 Mt 5100

1	12	615	TRONCIA	WALTER	SM55	OR048	GS PIONIERI MARMILLA MOGORO	21' 15"
2	27	614	COSTELLA	MANOLO	SM55	OR027	ATL LEGG ARBOREA	26' 23"

SENIOR UOMINI SM60 Mt 5100

1	36	618	LEDDA	FRANCESCO	SM60	OR172	MARATHON CLUB ORISTANO	39' 12"
		619	AZZU	PAOLO	SM60		RUNCARD	

SENIOR UOMINI SM70 Mt 5100

1	16	613	ZANDA	SALVATORE	SM70	CA265	ATLETICA ARBUS	23' 39"
2	28	611	PILI	GIOVANNI	SM70	CA227	ATLETICA 4 MORI	26' 50"
3	30	605	ERA	ANDREA	SM70	CA033	ATL CORTOGHIANA	27' 00"
4	32	607	MASALA	WALTER	SM70	CA036	POL LIBERTAS CAMPIDANO	28' 47"
5	35	616	PINTUS	ANTONIO	SM70	OR119	GS ATL BAULADU	35' 27"

SENIOR UOMINI SM75 Mt 5100

1	18	602	SEDDA	ITALO	SM75	CA017	US ATL GUSPINI	23' 52"
2	20	610	PIREDDU	EMILIO	SM75	CA201	ATL EDOARDO SANNA ELMAS	24' 37"